

# NOVEMBER 2024

## BREAKFAST



### School Information:

**K-12 Breakfast Price \$3.00**  
**K-12 Reduced \$.30.**



**November 25 is National Parfait Day!** Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



### MONDAY

*This institution is an equal opportunity provider. Menu is subject to change without notification.*

### TUESDAY



### WEDNESDAY

### THURSDAY

### FRIDAY

Cinnamon Roll or Cereal **4**  
 Banana  
 Fruit Juice Choice  
 Milk Choice

Mini Waffles w/Syrup or Cereal **5**  
 Apricot Halves  
 Fruit Juice Choice  
 Milk Choice

Breakfast Pizza or Cereal **6**  
 Peach Slices  
 Fruit Juice Choice  
 Milk Choice

Egg Taco w/Salsa or Cereal **7**  
 Graham Snacks  
 Kiwi  
 Fruit Juice Choice  
 Milk Choice

Biscuits & Gravy or Cereal **8**  
 Mandarin Oranges  
 Fruit Juice Choice  
 Milk Choice

Assorted Cereal or Pop Tarts **11**  
 Sausage Patty  
 Diced Pears  
 Fruit Juice Choice  
 Milk Choice

Pancake on Stick or Cereal **12**  
 Strawberries  
 Fruit Juice Choice  
 Milk Choice

Granola Breakfast Bar or Cereal **13**  
 Fruit Cocktail  
 Fruit Juice Choice  
 Milk Choice

Chicken Biscuit Snd or Cereal **14**  
 Fresh Mixed Fruit Cup  
 Fruit Juice Choice  
 Milk Choice

Biscuits & Gravy or Cereal **15**  
 Orange Slices  
 Fruit Juice Choice  
 Milk Choice

French Toast Sticks w/Syrup or Cereal **18**  
 Grapes  
 Fruit Juice Choice  
 Milk Choice

Oatmeal Breakfast Round Yogurt Cup **19**  
 Mixed Fruit  
 Fruit Juice Choice  
 Milk Choice

Bagel w/Toppings or Cereal **20**  
 Apple  
 Fruit Juice Choice  
 Milk Choice

Blueberry Muffin or Cereal **21**  
 Mandarin Oranges  
 Fruit Juice Choice  
 Milk Choice

Biscuits & Gravy or Cereal **22**  
 Sliced Peaches  
 Fruit Juice Choice  
 Milk Choice

Assorted Pop Tarts or Cereal **25**  
 String Cheese  
 Orange Slices  
 Fruit Juice Choice  
 Milk Choice

Breakfast Muffin or Cereal **26**  
 Tropical Fruit  
 Fruit Juice Choice  
 Milk Choice

Thanksgiving Vacation **27**

Thanksgiving Vacation **28**

Thanksgiving Vacation **29**