



Longwood Family Center

Allison Level, Director of Mental Health Services
and Student Attendance



The Longwood Central School District, in partnership with Family Service League, is excited to offer free programs and essential support services to children, adults, and families in our community! Together, we're working to build stronger connections and provide vital resources for those who need it most.

- The Longwood Family Center provides free walk-in or phone-in help for individuals and families experiencing a wide variety of needs, including:
 - Temporary emergencies involving insufficient food
 - Utility shutoffs
 - Potential loss of housing
- Professionally trained staff and volunteers assess what is needed to link families with the most helpful assistance available, including:
 - Supportive counseling
 - Links to government and community agencies
 - Community advocacy
- Crisis intervention and short-term counseling
- Assistance with back to school supplies and holiday support
- Community outreach and education
 - Presentations and workshops, including:
 - Suicide Awareness
 - Dangers of Social Media
 - Building Resilience

HOURS

- Monday 9 am - 5 pm
 - Tuesday 9 am - 5 pm
 - Wednesday 9 am - 5 pm
 - Thursday 9 am - 5 pm
 - Friday 9 am - 5 pm
- Evening hours coming soon!

For information contact:

Donna Altonji, Program Director
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631.748.1416

Diana Diaz, CAIR Bilingual Case Manager
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35 Yaphank Middle Island Road, Middle Island, NY 11953

These FREE services are made possible by grant funding sources from the Longwood School District and MSC Industrial Supply Co.

Family Service League, founded in 1926, is a Long Island non-profit human service organization providing a safety net for people in need. Touching the lives of 50,000 people annually, addressing some of the most prevalent and pressing human needs challenges facing our communities, FSL delivers tangible help and crisis intervention across a spectrum of service areas including mental illness, drug and alcohol abuse, homelessness, early education, job training, computer literacy, trauma counseling, at-risk youth, family counseling and senior support services. In all, FSL offers over 60 programs at 22 locations throughout Long Island.

www.longwood.k12.ny.us
www.FSL-LI.org