




### Announcements:

Carb counts for items served daily

- Apples 18g
- Oranges 16g
- Craisins 27g
- Apple crisps 10g
- Cheese stick 1g
- Peanut butter 8g
- Chocolate milk 20g
- Apple juice 13g
- Orange juice 13g
- Ranch Carrots 7g



- All menu items are subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Carrots</b> Season in Texas: August - May Did you know? You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods				
<b>4</b> Blueberry muffins Spaghetti/garlic bread Chef salads/croutons Buttery corn Mixed fruit cups Veggie cups	<b>5</b> Breakfast taco Salisbury steak Chicken nuggets Scalloped potatoes Homemade apple pie Veggie cups	<b>6</b> Croissants Homemade lasagna Popcorn chicken Side salads/cheese Peach cobbler Veggie cups	<b>7</b> Kolache Beef tamales Corn dogs Side salads/cheese Sweet oranges Veggie cups	<b>1</b> Cereal Pepperoni pizza Crisпитos w/salsa Mac and cheese Pretty apples Veggie cups
<b>11</b> Waffles Cheesy bacon ranch pasta Chef salads/croutons Seasoned green beans Mixed fruit cups Veggie cups	<b>12</b> Sausage biscuit Savory bbq brisket Chicken nuggets Rice/ pot salad Homemade apple pie Veggie cups	<b>13</b> Poptarts/cheese stick Homemade calzones Popcorn chicken Caesar side salad Peach cobbler Veggie cups	<b>14</b> French toast Cheese sticks/ marinara Corn dogs Buttery corn Sweet oranges Veggie cups	<b>8</b> Cereal Pepperoni pizza Crisпитos w/salsa Mac and cheese Pretty apples Veggie cups
<b>18</b> Blueberry muffins Creamy chicken alfredo Chef salad w/croutons Broccoli & cheese Mixed fruit cups Veggie cups	<b>19</b> Breakfast taco Chicken fajita tacos Chicken nuggets Sliced mixed peppers Homemade apple pie Veggie cups	<b>20</b> Turkey Luncheon Turkey/dressing/roll Mashed pot/gravy Green bean casserole Peach cobbler Fruit cocktail	<b>21</b> Kolache Steak strips w/gravy Corn dogs Sautéed spinach Sweet oranges Veggie cups	<b>15</b> Cereal Pepperoni pizza Crisпитos w/salsa Mac and cheese Pretty apples Veggie cups
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>22</b> Cereal Cheese burger GRAB - N - GO Early dismissal
<b>29</b>				



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
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