



Hopkinton HS Menu: November 2024



3 All students will be offered all of the items listed below and have to choose at least 3 of the items listed; 1 choice must be 1 full serving of a fruit, vegetable or a combination of both. A student may opt to choose all menu items listed, but on a “choice of” day, students will be limited to one main entrée item. Menus are subject to change without notice due to item availability.

Fresh, chilled and/or dried fruit, raw veggies, and a choice of 8oz milk (1% white & fat free chocolate milk) are all offered daily with meals

*All meals meet the new nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year. Food allergies must be documented with the school nurse and Food Service Director.

Student Breakfast: \$0.00

Student Lunch: \$0.00



Milk Only: \$.75

Non-reimbursable Meal: \$3.50

Adult Breakfast: \$2.00

Adult Lunch: \$5.50

Available Daily: Salad Bar, Pre-Made Salads/Wraps/Sandwiches, Hot Slide Items (*View Alternative Meal Menu for Weekly Selections*)

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
#2	4. Chicken Nugget Combo Assorted Dipping Sauces Homemade Baked Beans	5. No School Today	6. American Chop Suey Italian Green Beans	7. Chicken & Vegetable Dumplings Asian Fried Rice Ginger Carrots	8. French Bread Pizza; Cheese or Pepperoni Side Garden Salad
Veg. Entree	Veggie Nugget Combo		Meatless Crumble Am. Ch. Suey	Crispy Tofu	Cheese Pizza
#3	11. No School Today Veteran's Day 	12. Crispy Chicken Tenders Assorted Dippings Sauces Broccoli & Cauliflower Polonaise	13. Walking Taco Mexican Corn & Black Beans Taco Toppings; Sour Cream, Guacamole, Salsa	14. Chicken n' Biscuits Creamy Mashed Potatoes	15. Pizza by the Slice; Cheese, Pepperoni or Hawaiian Roasted Butternut Squash
Veg. Entree		Veggie Nuggets	Meatless Crumble Walking Taco	Vegan Chicken Patty Sandwich	Cheese Pizza
#4	18. Roasted Chicken Drumstick Cajun Red Beans & Rice Buttered Corn	19. Steak n' Cheese Sub Sauteed Onions & Peppers Sweet Potato Fries	20. Domino's Cheese Pizza Side Greek Salad	21. Thanksgiving Luncheon Roasted Turkey & Gravy Bread Stuffing Roasted Brussel Sprouts Cranberry Sauce	22. Mini Pancakes Cheesy Scrambled Eggs Harvest Home Fries
Veg. Entree	Lemon Herb Tofu	Veggie Griller Burger	Main Entree	Veggie Nuggets	Main Entree
#1	25. Mandarin Orange Chicken Vegetable Lo Mein Honey Glazed Carrots	26. Pizza Maxx Sticks Marinara Sauce Roasted Garlic Green Beans	27. Early Dismissal No Lunch Today Breakfast will be available	28. 	29. No School Today
Veg. Entree	Crispy Tofu	Main Entree			