



University of Pennsylvania in collaboration with the National Education Equity Lab is pleased to offer *Grit Lab: The Psychology of Passion and Perseverance*. This is a psychology course that explores topics in science like passion, perseverance and grit. Upon successful completion of the course scholars will earn 0.5 widely transferable college credits from University of Pennsylvania.

## Course Overview

This course is a unique opportunity for your scholars to take an actual University of Pennsylvania course taught by world-renowned professor, Angela Duckworth. Scholars selected to participate in this course will gain critical knowledge about interest, purpose, growth mindset, practice, feedback, and more—and will have the opportunity to apply these insights to their own life. Scholars that succeed in this course – which we know they can – will receive 0.5 University of Pennsylvania course units (college credits) and a University of Pennsylvania transcript.

- ★ What is the science behind passion?
- ★ How to make discoveries about how to foster passion and perseverance for long-term goals?
- ★ What is the psychology behind commitment?

## Who Should Apply

- ★ Students entering 10th and 11th grade
- ★ Students interested in psychology and grit
- ★ Students interested in science and practice of passion and perseverance

## Meet the Professor:



### Angela Duckworth

Dr. Angela Lee Duckworth is professor of psychology at the University of Pennsylvania. Angela studies non-IQ competencies, including self-control and grit, which predict success both academically and professionally. Her research populations have included West Point cadets, National Spelling Bee finalists, novice teachers, salespeople, and students. Angela received a B.A. in Neurobiology from Harvard in 1992 and, as a Marshall Scholar, a Masters in Neuroscience from Oxford.