

November 2024 Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Our Deli Bar will Open on Monday November 4th Made to order Sandwiches</i></p>	<p>Send in Check made payable to: Rye City Schools to avoid fee from Myschoolbucks</p>	<p>Try Sushi on Wednesday Sakanaya Sushi \$6.75</p> <p>California Roll Salmon Roll Carrot Cucumber Roll</p>	<p>GARNET BAR!! OUR OWN RECIPE</p>	
<p>4</p> <p>Beef Nachos Bag of Tostitos Scoops Shredded Cheese Salsa/Sour Cream Guacamole Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk Class 6M Trip</p>	<p>5</p> <p>Election Day</p> 	<p>6</p> <p>Macaroni and Cheese or Pasta with Butter Steamed Peas Chicken Noodle Soup Red Delicious Apple 100% Fruit Juice Hormone Free Milk Sakanaya Sushi Class 6S Trip</p>	<p>7</p> <p>Brunch for Lunch French Toast Sticks Sausage Links Breakfast Potato Fresh Banana 100% Fruit Juice Hormone Free Milk</p>	<p>8</p> <p>Pizza Day Hot Line Offering Gluten Free Pizza \$4.00 Buffalo/Grandma \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 Sunrise Pizza</p>
<p>11</p> 	<p>12</p> <p>Bowl Sweet and Sour Chicken Jasmine Rice Steamed Broccoli Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk</p>	<p>13</p> <p>Spaghetti and Meatballs Toasted Garlic Bread Sauteed Green Beans Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk Sakanaya Sushi</p>	<p>14</p> <p>Belgium Waffle Fresh Strawberries and Banana Topping Tater Tots Hard Boiled Egg Sliced Orange Wedges 100% Fruit Juice Hormone Free Milk</p>	<p>15</p> <p>Pizza Day Hot Line Offering Gluten Free Pizza \$4.00 Buffalo/Grandma \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 Sunrise Pizza</p>
<p>18</p> <p>Chicken Patty Deluxe Brioche Roll Baked French Fries Green Leaf Lettuce Roma Tomato (Local Farm) Apple Sauce Cup 100% Fruit Juice Hormone Free Milk</p>	<p>19</p> <p>Three Cheese Baked Ziti Or Plain Pasta Sautéed Spinach Toasted Garlic Bread Fresh Grapes 100% Fruit Juice</p>	<p>20</p> <p>Chipotle Bowl Boneless Chicken Brown Rice Black Bean/Corn Salad with Cilantro Pico de gallo Sour Cream/Guacamole Chilled Apple Sauce (Peterson Farms) Sakanaya Sushi</p>	<p>21</p> <p>Brunch for Lunch Fluffy Pancakes Sausage Patty Hash Brown Potato Fresh Banana 100% Fruit Juice Hormone Free Milk</p>	<p>22</p> <p>Pizza Day Hot Line Offering Gluten Free Pizza \$4.00 Buffalo/Grandma \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 Sunrise Pizza</p>
<p>25</p> <p>Chicken Tenders BBQ or Honey Mustard Potato Smiles Steamed Corn Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk</p>	<p>26</p> <p>Grilled Cheese Chicken Noodle Soup Steamed Broccoli Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk</p>	<p>27</p> <p>Early Dismissal All Schools</p>	<p>28</p> 	

Cafeteria Offerings Gluten Free

Rolls, Cereal, Pizza and Pasta available upon request

MEAL OF THE DAY \$4.40 INCLUDES

Vegetable, Fresh Whole Fruit,
100% Fruit Juice (6oz)
Hormone/Antibiotic Free Skim,
Low Fat Choc, 1%, and Whole Milk
Fresh Fruit Basket offered Daily
Horizon Organic Milk \$2.50

Pre-Made Sandwiches offered daily with Boar's Head Meats

(Turkey, Ham, Salami, Buffalo Chicken and Cheddar Cheese)
Sun Butter and Jelly Sandwich

Pre-Made Salads Available:

Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek
Large: \$5.50-\$6.25 Small \$3.25-\$5.25

À la Carte Prices

Mini 8oz Poland Spring Water \$1.25
Poland Spring Water 16oz \$1.50
Baked Snack Varieties \$1.50-\$2.75
Fresh Fruit Purchase \$1.00
Fruit Cup 9oz \$2.50
Baked Cookie \$1.25
Ice Cream \$1.75-\$3.75

Strawberry/Banana Smoothies made fresh at your school

Made on site hummus sesame free!!

