

SAAS OUTDOOR & TRAVEL

SWISS ALPS

BACKPACKING

HUT TOUR

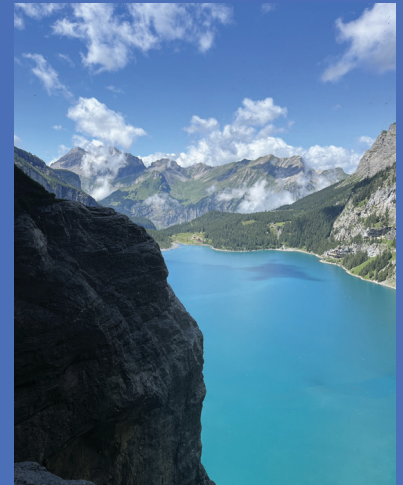
July 27-August 9, 2025

9-15 Current 9th-11th Grade Students

Cost: \$5800

Trip Leaders: Martin Brakke, Sara Smith, Todd Rotkis

En route to Switzerland, students will have an extended layover in Iceland to enjoy the Blue Lagoon, and break in their hiking boots on this unique and picturesque island. Upon landing in Zurich, students will have a day to explore the pre-medieval and incredibly modern city with picturesque lanes of the central Altstadt and waterfront promenades. We commute on the Swiss train system and see as much as we can! The bulk of the trip will be spent backpacking roughly 10-15 miles per day, often with significant elevation loss and gain, in a region starting just south of Interlaken. The Via Alpina, also known as the Alpine Pass Route or Green Trail, crosses Switzerland from east to west across 186 miles. We will complete roughly 60 miles from the mountain town of Murren to Lenk. Lodging will be idyllic Swiss mountain huts where warm food and shelter are provided at high elevations with stunning views you'll never forget. Because main meals and lodging are provided, students will only need to carry a light (20-25 lb) backpack with limited clothing, snacks, water, a bivy sac, and a small sleeping bag. At the tail end of our journey, we'll take the Jungfrauoch train and cable express for an up-close view of the Eiger peak at 13,015 feet, and a walk across the glacier with views of ice caves.



Trip Goals:

- Expansive exposure to one of the most prominent mountain ranges in the world
- Hike along the middle sections of the Via Alpina mountain route
- Cover 5-15 miles per day, carrying our own gear
- Engage in cultural experiences with the local community surrounding outdoor experiences

Itinerary:

July 27

Flight to Iceland

July 28

Iceland layover,
Blue Lagoon

July 29

Flight to Zurich, spend day in the city, explore and fuel up

July 30-31

Hiking out of Interlaken

August 1

Explore Interlaken, Swiss National Day

August 2-8

Hiking from Murren to Lenk

August 9

Train to Zurich

August 10

Flight home to Seattle



Prerequisites:

Safety of the group requires that we stick together and students must have significant fitness abilities in order to join. We will have a fitness test around local mountains and potentially training throughout the spring and summer.

A current passport is required.

Contact Information:

For any further questions please email:

Martin Brakke

mbrakke@seattleacademy.org

To register for the trip, complete any necessary trip surveys and find more information, please visit our SAAS trips page by following the link here:



[www.seattleacademy.org/
student-life/outdoortravel](http://www.seattleacademy.org/student-life/outdoortravel)



Matt Edenfield

SAAS Outdoor & Trips Program Director

medenfield@seattleacademy.org

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