



# NORTHGATE MS/HS BREAKFAST

# NOV

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:  
 Meat/Meat Alternative;  
 Grain; Veggie; Fruit; Milk  
**ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!**



BREAKFAST EVERY MORNING FROM 7:45 TO 8AM

4

**Egg Bites & Bacon**  
 OR  
 Daily Choice of Any Entrée

5

**NO SCHOOL**  
**IN SERVICE DAY**

6

**Breakfast Pizza**  
 OR  
 Daily Choice of Any Entrée

7

**Breakfast Sandwich**  
 OR  
 Daily Choice of Any Entrée

8

**Dutch Waffle**  
 OR  
 Daily Choice of Any Entrée

ALL STUDENT BREAKFAST ARE FREE

11

**Glazed Donut**  
 OR  
 Daily Choice of Any Entrée

12

**Pancakes**  
 OR  
 Daily Choice of Any Entrée

13

**Breakfast Pizza**  
 OR  
 Daily Choice of Any Entrée

14

**Breakfast Sandwich**  
 OR  
 Daily Choice of Any Entrée

15

**Eggo Breakfast**  
 OR  
 Daily Choice of Any Entrée

MENU SUBJECT TO CHANGE WITHOUT NOTIFICATION

18

**Muffin**  
 OR  
 Daily Choice of Any Entrée

19

**French Toast**  
 OR  
 Daily Choice of Any Entrée

20

**Breakfast Pizza**  
 OR  
 Daily Choice of Any Entrée

21

**Breakfast Sandwich**  
 OR  
 Daily Choice of Any Entrée

22

**Egg Omelet**  
 OR  
 Daily Choice of Any Entrée

Offered Daily: Unflavored 1% 8oz Milk, 8oz Nonfat Chocolate Milk, 8oz Skim Milk Or 8oz Lactaid Milk

25

**Muffin**  
 OR  
 Daily Choice of Any Entrée

26

**Eggo Breakfast**  
 OR  
 Daily Choice of Any Entrée

27

**NO SCHOOL**  
**THANKSGIVING BREAK**

28

**NO SCHOOL**  
**THANKSGIVING BREAK**

29

**NO SCHOOL**  
**THANKSGIVING BREAK**