

## November



Menu Subject to Change At ANYTIME

Arvin Union School District
Breakfast and Lunch Menu
2024

Menu also available on the

**AUSD** website

Monday	Tuesday	Wednesday	Thursday	Friday
				11-1-24 Chocolate Crescent WG Applesauce
Healthy tip- Drink plenty of water- Adequate water intake keeps the body hydrated, helps in the regulation of body temperature, and may even help avoid health problems	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the bases of race, color, national origin, sex, age, or disability			Pizza Fresh Broccoli W/ Dip Diced Pears
11-4-24 Breakfast Smoothie Graham Cracker WG Dried Fruit	11-5-24 Cinnamon Filled Bagel WG Fruit Cup	<u>11-6-24</u> Breakfast Cluster WG Applesauce	<u>11-7-24</u> Trix Cereal WG Fruit Cup	<u>11-8-24</u> Mini Pancakes Applesauce
Chili & Cheese Fries Fresh Carrots Fruit Cup	Bean & Cheese Pupusa Coleslaw Frozen Fruit Treat	<b>Italian Inspired</b> Turkey Lasagna Jicama Sticks Fresh Fruit	Chicken Fajita Salad Bread Stick Fresh Fruit	Pizza Edamames Juicy Peaches
<u>11-11-24</u>	<u>11-12-24</u> French Toast WG Fruit Cup	<u>11-13-24</u> Pan Dulce WG Apple Chips	11-14-24 Rice Krispies Cereal WG Fruit Cup	<u>11-15-24</u> Breakfast Burrito WG Apple Chips
No School Today!!!	Crunchy Beef Taco Street Corn Frozen Fruit Treat	Posole Fresh Carrots Fresh Fruit	Spicy Chicken Burger Dill Pickle chips French Fries	Pizza Pocket Mixed Salad Mixed Fruit
<u>11-18-24</u> Yogurt Graham Cracker WG Dried Fruit	<u>11-19-24</u> Mini Cinnis WG Fruit Cup	<u>11-20-24</u> Banana Bread WG Applesauce	11-21-24 Cheerios Cereal WG Fruit Cup	11-22-24 Waffles WG Applesauce
Cheesy Pull Aparts Marinara Dipping Cup Fresh Celery Sticks W/ Dip Fruit Cup	Taco Pocket Refried Beans 100% Fruit Juice	Turkey & Gravy Mashed Potatoes Corn Dinner Roll Fresh Fruit	Beef & Bean Burrito Fresh Broccoli W/ Dip Fruit cup	Minimum Day! Turkey & Cheese Sandwich Chips Fresh Carrots Icee Cup
<u>11-25-24</u>	<u>11-26-24</u>	<u>11-27-24</u>	<u>11-28-24</u>	<u>11-29-24</u>
No School Today  Go for a walk and look for	No School Today	No School Today	No School Today	No School Today
things that begin with different letters of the alphabet	Move to every room in your home and jump 5 times!	Get outside and practice your running!!!!	Hug your family today ! Make sure to not miss anyone ⊚	Spread washcloths around the room and jump from one to another

\*\*Offered daily

- Breakfast- 100% Fruit Juice and Milk
  - Lunch Choice of milk
- AUSD is a Proud California Thursday School District
- AUSD does not serve Pork meat in any of our meals