

NY in NOVEMBER 2024
CS/SS Elementary PreK-5

Menu Prices

Breakfast: No Charge Reduced: No Charge
 Lunch: No Charge Reduced: No Charge
 Hudson Valley Fresh Milk: \$0.60

	Monday	Tuesday	Wednesday	Thursday	Friday	DID YOU KNOW?
<p>BREAKFAST: Three Components Served Daily. Grain 1 oz. Fruit 1/2 cup Low Fat Milk 8 oz. 350-500 calories</p> <p>SANDWICH SHOP Daily choice of</p> <p>GRILLED CHICKEN TURKEY/CHEESE HAM/CHEESE TURKEY/HAM/CHEESE CHICKEN SALAD PEANUT BUTTER/JELLY AMERICAN CHEESE</p> <p>SALADS GALORE</p> <p><u>MONDAY</u> GRILLED CHICKEN</p> <p><u>TUESDAY</u> TURKEY</p> <p><u>WEDNESDAY</u> CHOPPED HAM/CHEESE</p> <p><u>THURSDAY</u> CHEF SALAD</p> <p><u>FRIDAY</u> CHICKEN CAESAR</p> <p>**Salads include a whole grain.</p> <p>QUESTIONS/COMMENTS? Please call Larry Anthony, FSD 518.398.7181</p>	*CHOOSE A MEAL* BREAKFAST					
	CHOOSE A MEAL LUNCH					<p>Allergy Alerts! Call for details. Some menu items may contain tree nuts and or seeds.</p>
	5 Components Served. Whole Grain 1 oz Protein 2oz Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz Calories 550-650	Help Needed Please Contact our Food Services Dept. l.anthony@ppcsd.org 518.398.7181 ext. 1351			01 NY Cheese Pizza NY Steamed Carrots NY Greens Salad NY Apple HVF Milk Day 5	
	04 NY Cheeseburger w/Bun Dill Pickle NY Roasted Potatoes NY Greens Salad NY Niagara Grapes HVF Milk Day 6	05 Superintendent Conference Day	06 NY Roast Chicken NY Steamed Rice NY Buttered Corn NY Greens Salad NY Blueberry Cup HVF Milk Day 1	07 NY Meatball Parm Hero NY Bean Salad NY Greens Salad NY Pears HVF Milk Day 2	08 NY Cheese Pizza NY Steamed Carrots NY Greens Salad NY Apple HVF Milk Day 3	
	11 Veteran's Day	12 NY Roasted Chicken NY ISSA's Pita Chips NY Buttered Green Beans NY Greens Salad NY Applesauce HVF Milk Day 4	13 NY Beef Bolognese w/ Sfoglini Pasta NY Buttered Peas NY Greens Salad NY Pears HVF Milk Day 5	14 NY Hudson Fisheries Steelhead Trout NY Steamed Rice NY Three Bean Salad NY Greens Salad NY Plums HVF Milk Day 6	15 NY Cheese Pizza NY Steamed Carrots NY Greens Salad NY Apple HVF Milk Day 1	
	18 NY Beef Hot Dog NY Green Peas NY Green Salad NY Plums HVF Milk Day 2	19 NY Beef Nacho Tuesday Cheese/Salsa NY Black Bean Salsa NY Greens Salad NY Blueberry Cup HVF Milk, Day 3	20 Northwind Farms Turkey NY Roasted Potatoes w/Gravy NY Greens Salad NY Apple Crisp HVF Milk, Day 4	21 NY Cheeseburger w/Bun, Dill Pickle NY Mixed Vegetables NY Greens Salad NY Pears HVF Milk, Day 5	22 NY Cheese Pizza NY Steamed Carrots NY Greens Salad NY Strawberry Cup HVF Milk, Day 6	
	25 NY Hudson Fisheries Steelhead Trout NY Steamed Rice NY Three Bean Salad NY Greens Salad Sweet and Sour Cherries HVF Milk Day 1	26 NY Meatloaf ISSA Pita Chips NY Roasted Potatoes NY Greens Salad NY Blueberry Cup HVF Milk Day 2	27 Happy Thanksgiving	28 Happy Thanksgiving	29 Happy Thanksgiving	