SHAC Meeting Notes 8/28/24
Meeting start time 1:01pm

Audio Recording

- Council Introductions
- Agenda
    - ❖ Purpose of SHAC
        - Eight components of Coordinated School Health
            1) Nutrition Services
            2) Health Services
            3) Healthy and Safe School Environment
            4) Counseling and Mental Health Services
            5) Staff Wellness Promotion
            6) Parent and Community Involvement
            7) Physical Education
            8) Health Education
    - ❖ Benefits of SHAC
    - ❖ Membership
    - ❖ Laws Governing SHAC
        - 4 meeting per year required
        - HB 1525 87th Legislative Session Updates - at least 72 hours prior to the meeting, post notice of date, time, location, and subject of SHAC meeting in the central admin office and each campus.
    - ❖ Setting Committee Norms:
        - see handout given at meeting (posted on website as well) - open
          discussion amongst committee members at each table.
    - ❖ 23-24 Recap
        1) Celebrating new cell phone policy
            - 3 student committee members state that their middle school age siblings are doing very well with the new cell phone policy, and some students have come to appreciate it.

- Parent committee member states her middle school student hated the new policy at first, even wrote an email but has now come to appreciate the new policy.
- Parent committee member states her student appreciates it because he has gotten frustrated with his peers that seem to be addicted to their cell phones

2) Bullying Prevention:
    - Posters placed in all campuses
    - Navigate 360 and Cav Tip Line are used for bullying prevention, Tasha Barker gets a notification if bullying is reported. Great for documentation and to determine if bullying occurred or not.
    - Crime Stoppers met with Principals today to work on preventative things such as bullying, dating violence, etc.
    - Each campus will have a bullying committee consisting of staff members and students. Crime Stoppers will be involved with committees.
    - Question re: SHAC would like to see curriculum of Crime Stoppers
    - Question re: Bullying posters - “Take a Stand” poster, question about the anonymity of the reporter. LTISD staff make sure students are aware that they can talk to teachers and Administrators at any time in regards to any bullying. Andy Michael reiterates that the Cav Tip Line is completely anonymous and heavily advertised - call center follow up with each tip and will reach out to Admin if necessary, tips go to the appropriate administrators.
    - K. Kellner states at BCE they follow up at the beginning of each school year with alleged victims and alleged bullies to make sure the behaviors don’t follow from one year to another.

- J. Janecek states at middle school level, they (counselors and social workers) work very hard on creating relationships with students.
- Question from member - what are examples of consequences for the bully? Through the investigation there are conversations that occur with the bully, victim, and parents. Conversation includes discussion on how behaviors can lead to more and worse behaviors. Consequences are very specific to each situation, including the parents (possible consequences at home), detention, suspensions (in and out of school), restrictions, stay away agreements, etc…
- Committee member states she feels that our community feels that we are sleeping on bullying - how do we perceive that the campuses and administrators are on top of bullying cases. - Stated that the campuses and administrators have to keep confidentiality which can lead to misconceptions amongst the community.
- LTHS Associate Principal, Mason Whitfield, has started a bullying prevention program that each freshman must attend.
- When bullying situations pop up on social media, she might reach out to the Admin of that social media page and ask that person to reach out to the poster to give them her contact info to see if she can help the situation.

3) Meetings
   - More meetings this due to covering more agenda items
   - Will review the new Lifeguard curriculum that was recently released, and can look at new companies. Are currently looking for 1-2 science teachers to join meetings (not as voting members) for insight on sex

ed. Last year - decided to keep the current curriculum due to the TEKS.
- Lifeguard made significant changes to their curriculum (which would be used for the 25-26 school year, old curriculum will be used this year), Tasha does not have access as of right now to see the new curriculum.

4) Topic Considerations Activity
   - Each table used a white board to discuss and write topic considerations.
     1) How can we help the community with an expectation of behavior for adults? Kindness, positive intent, courteous, etc. Can PTOs help? Help new community members.
     2) Different processes for communication, specifically with adults.
     3) New cell phone policy expanded to LTHS - possibly phase in with each rising freshman class? Student member perspective - many different ages in classes so would be difficult. Would be difficult with extracurricular activities specifically with after school commitments.
     4) Continue conversations around cell phones, bullying, veggie/fruit offerings at campuses.
     5) Triennial assessment of wellness policy (Spring 2025)
     6) Can cell phone policy be extended to all school policy such as the bus?
     7) What do staff hate about their job? Can we target staff initiatives to promote employment in their job?
     8) Bullying: fears about reporting, adult education
     9) Alternatives to CFA? Double Daves? Chicken Express?

10) Ensuring recess is not removed as a punitive measure/tutoring time/etc.
11) Elementary schedule allowing for a brain break (10 min in the garden, movement opportunity) at least every few hours, i.e. previous 4th/5th grade schedule did not allow break from 740-lunch
12) Possibly morning break for middle schoolers (utilizing outdoors).
13) Puberty and sex ed programs examined to ensure best practices. Research and science based non-biased current issues. Ensure cohesive instruction from start to end, elementary to high school.

Meeting adjourned at 2:31pm