





November 2024



Mifflinburg Area School District Breakfast Menu

Also available daily:	Power up with a healthy breakfast!				Mifflinburg Area School District Breakfast Prices
Milk: 1%, Fat-Free, 1% Chocolate Milk	Choose any 3 items for a complete meal. Must select one fruit!				Students - Free Adults - \$2.90 Milk - \$.50
100% Fruit Juice: Apple, Orange, Grape Assorted Cereal includes Whole-grain, reduced sugar and low sodium cereal options.					November 1 WGR Pumpkin Bread -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk
	November 4	November 5	November 6	November 7	November 8
ALL STUDENTS WILL RECEIVE FREE BREAKFAST AND LUNCH MEALS FOR THE 2024 – 2025 SCHOOL YEAR.	WGR Mini Pancakes -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Breakfast Pizza on WGR Crust -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Assorted WGR Muffin and 4oz Low fat Yogurt or String Cheese -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	ACT 80 DAY NO SCHOOL FOR STUDENTS	ACT 80 DAY NO SCHOOL FOR STUDENTS
	November 11	November 12	November 13		
	WGR Mini Cinis -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Sausage and Cheese on a WGR Biscuit -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	WGR Pumpkin Bread -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Assorted WGR Bagel with Peanut Butter or Cream Cheese and 4oz Low fat Yogurt -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	WGR Strawberry Filled Mini Bagel -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk
November 18	November 19	November 20	November 21	November 22	
Menu is subject to change based on product availability.	WGR French Toast Sticks with Syrup -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	WGR Warm Cinnamon Rolls -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	WGR Mini Pancakes -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Breakfast Pizza on WGR Crust -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Assorted WGR Muffin and 4oz Low fat Yogurt or String Cheese -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk
	November 25	November 26	November 27	November 28	November 29
 This institution is an equal opportunity provider.	WGR Apple or Cherry Frudel -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	Colby Cheese Omelet with WGR Biscuit -OR- Assorted Cereal Fresh Fruit 100% Fruit Juice and Choice of Milk	SCHOOL CLOSED FOR THANKSGIVING BREAK	HAPPY THANKSGIVING! 	SCHOOL CLOSED FOR THANKSGIVING BREAK