

## **Bellefontaine Middle School Lunch Menu**

|   | MENUS - Subject to Change November 2024 |                                       |                                  |                              |   |
|---|---|---------------------------------------|----------------------------------|------------------------------|---|
|   | MONDAY                                  | TUESDAY                               | WEDNESDAY                        | THURSDAY                     | FRIDAY  |
|   |   |                                       |                                  |                              | 1<br>Cheese Filled Breadsticks<br>Marinara Sauce <u>or</u><br>BBQ Beef Rib on Bun |
| LUNCH PRICES<br>\$2.50 - Reduced \$.00                |   |                                       |                                  |                              | Sweet Potato Wedges<br>Fresh Veggies / Fruit                                      |
| LUNCH INCLUDES  | 4                                       | 5                                     | 6                                | 7                            | Choice of Milk  |
| Entrée  | 4<br>Mini Corn Dogs                     | 5                                     | o<br>Crazy Taco                  | /<br>Hamburger/Cheese on Bun | o<br>Fiestada Pizza   |
| 2 Vegetables / 1 Fruit                                | Steamed Carrots                         | NO                                    | tostitos chips / meat / cheese   | Baked Beans                  | or Meatball Sub   |
| Choice of Milk  | Fresh Veggies                           |                                       | Graham Crackers                  | Cucumber Slices / Carrots    | Green Beans   |
|   | Fruit                                   | SCHOOL                                | Corn / Salad Blend               | Fruit                        | Fresh Veggies   |
| IN PLACE OF ENTRÉE                                    | Choice of Milk                          |                                       | Fruit                            | Choice of Milk               | Orange Wedges   |
| Tuesday - Pizza                                       |   |                                       | Choice of Milk                   |                              | Choice of Milk  |
| Wednesday - Cook's Choice                             | 11                                      | 12                                    | 13                               | 14                           | 15  |
| Thursday - Pizza                                      | Chicken Nuggets                         | Grilled Cheese Sandwich               | Soft Taco                        | BBQ Beef Rib on Bun          | Breaded Chicken on Bun or   |
|   | Dinner Roll                             | Tomato Soup / Crackers                | tortilla wrap / meat / cheese    | Tator Tots                   | Mozzarella Cheese Sticks  |
| <u>FRUIT</u>  | California Blend                        | Salad Blend                           | Refried Beans                    | Carrots / Cherry Tomatoes    | Marinara Sauce  |
| Fruit of the Day, Fresh Fruit                         | Fresh Broccoli                          | Fruit                                 | Salad Blend                      | Fruit                        | Peas / Fresh Veggies  |
| or 100% Fruit Juice                                   | Fruit                                   | Choice of Milk                        | Orange Wedges                    | Choice of Milk               | Fruit   |
|   | Choice of Milk                          |                                       | Choice of Milk                   |                              | Choice of Milk  |
| MILK  | 18                                      | 19                                    | 20                               |                              | 22  |
| Chocolate FF or White %                               | Popcorn Chicken                         | Hamburger/Cheese on Bun               | Nacho Grande                     | Garlic Cheesy Bread          | Fish Wedge on Bun <u>or</u>   |
|   | Dinner Roll                             | Baked Beans                           | tortilla chips/meat/cheese sauce | Green Beans                  | BBQ Shredded Pork on Bun  |
| Free & Reduced Price                                  | Mashed Sweet Potatoes                   | Fresh Veggies                         | Graham Crackers                  | Carrots / Cucumber Slices    | Broccoli / Cheese Sauce   |
| Meal Applications                                     | Salad Blend                             | Jello with Fruit /Topping             | Corn / Salad Blend               | Orange Wedges                | Fresh Veggies   |
| May be submitted anytime.                             | Fruit                                   | Choice of Milk                        | Pineapple                        | Choice of Milk               | Fruit   |
| Applications available in                             | Choice of Milk                          |                                       | Choice of Milk                   |                              | Choice of Milk  |
| Final Forms, school office,                           | 25                                      | 26<br>Oliver d Turchers               | 27                               | 28                           | 29  |
| BCS website or  | Mini Corn Dogs                          | Sliced Turkey                         |                                  | l                            | 1   |
| call 593-9060 ext. 3309<br>If application is approved | Baked Beans                             | Mashed Potatos / Gravy<br>Dinner Roll | Thanksgiving Break               |                              |   |
| "school fees" may be waived                           | Carrots / Celery Sticks<br>Fruit        | Fresh Broccoli                        |                                  |                              | , a k   |
| school lees may be walved                             | Choice of Milk                          | Fruit                                 |                                  | 1                            |   |
|   |   | Choice of Milk                        |                                  |                              |   |
|   |   |                                       |                                  |                              |   |
| " BREAKFAST "   | Weekly Breakfast Menu                   |                                       |                                  |                              |   |
|   | Monday                                  | Tuesday                               | Wednesday                        | Thursday                     | Friday  |
| Serving: 7:05am - 7:15am                              | Mini Pancakes <u>or</u>                 | Cinnamon Bun                          | Cook's Choice                    | Mini Cinnis <u>or</u>        | Pop Tart <u>or</u>  |
| Free to All Students                                  | Pancake on a Stick                      | <u>or</u> Muffin                      | Assorted Fruit                   | Cereal Bar / String Cheese   | Benefit Bar   |
|   | Assorted Fruit                          | Assorted Fruit                        | Choice of Milk                   | Assorted Fruit               | Assorted Fruit  |
| You May Choose 2 Fruits                               | Choice of Milk                          | Choice of Milk                        |                                  | Choice of Milk               | Choice of Milk  |

This institution is an equal opportunity provider.