

WELLNESS COMMITTEE MEETING

October 22, 2024

1:30 PM – 2:15 PM

[Zoom Recording Available Here](#)

Agenda

1. Welcome Back!
 - a. Introductions
 - b. Member update
 - c. Sharing of School / Community Wellness Events and Activities
2. Food & Nutrition Program Update:
 - a. Free School Meals Update
 - b. Afterschool snacks and supper pilot
3. Subcommittee review:
 - a. Committee Chair Introductions
 - b. Prepare an implementation action plan for selected topics (suggestions below).
 - c. Identify Top 3 Priorities
4. Create Practice Implementation Plan - Topics (Suggested Subcommittee)
 - a. Nutrition Education (All)
 - b. Standards for School Meals (School Meals)
Josephine Quiocho, Nutrition Educator SNAP-Ed; Suggestions and examples for Strengthening Policy Language
 - c. Standards for Competitive and other foods and beverages (Secondary)
 - d. Physical Education and Physical Activity
 - e. Wellness Promotion and Marketing (Elementary & Secondary)
 - f. Implementation, Evaluation & Communication (All)
5. Closing and reminders:
 - a. Subcommittees breakout sessions January Meeting
 - b. Meeting dates SY 24-25
 - i. January 16, 2025
 - ii. March 20, 2025
 - iii. May 15, 2025