

# November 2024

## LESD Middle School Supper Menu

MON		TUES		WED		THURS		FRI	
10/28		10/29		10/30		10/31		11/1	
Campfire S'mores Bar (v) Cheddar Cheese (v) Roasted Sunflower Seeds (v) Sour Blueberry Raisins Super Celery with Super Ranch 8 oz NF or 1% White Milk		Cheez It Crackers (v) String Cheese (v) Sweet & Spicy Mango Trail Mix (v)  Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Whole Grain Cookie (v) Zee Zees Strawberry Yogurt (v) Roasted Sunflower Seeds (v) Frozen Watermelon Juice Cup Cool Cucumber 8 oz NF or 1% White Milk		Tortilla Chips (v) Cheddar Cheese Stick (v) Honey Roasted Sunflower Seeds (v) Navel Orange Salsa 8 oz NF or 1% White Milk or NF Chocolate		GoldFish Crackers Colby Jack Cheese Stick Honey Sunflower Seeds (v) Mango Paleta & Dried Cranberries Baby Carrots 8 oz NF or 1% White Milk	
4		5		6		7		8	
Cocoa Brownie Bar (v) String Cheese (v) Roasted Sunflower Seeds (v) 100% Fruit Juice Broccoli w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)  Peach Slices Baby Carrots 8 oz NF or 1% White Milk		Granola (v) Mango Chamoy Smoothie Bowl (v) Chili Lime Cruncherz  Chili Jicama Sticks 8 oz NF or 1% White Milk or NF Chocolate		Strawberry PopTart String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Fruit: One Option & HOTM: CA Grapes Paradise Punch 8 oz NF or 1% White Milk		Birthday Cake Bar (v) String Cheese (v) Strawberry Banana Smoothie (v)  Baby Carrots 8 oz NF or 1% White Milk	
11		12		13		14		15	
<b>Veteran's Day Holiday</b> *School not in Session*		Cheez It Crackers (v) String Cheese (v) Sweet & Spicy Mango Trail Mix (v)  Baby Carrots 8 oz NF or 1% White Milk or NF Chocolate		Whole Grain Cookie (v) Zee Zees Strawberry Yogurt (v) Roasted Sunflower Seeds (v) Frozen Watermelon Juice Cup Cool Cucumber 8 oz NF or 1% White Milk		Tortilla Chips (v) Cheddar Cheese Stick (v) Honey Roasted Sunflower Seeds (v) Navel Orange Salsa 8 oz NF or 1% White Milk or NF Chocolate		GoldFish Crackers Colby Jack Cheese Stick Honey Sunflower Seeds (v) Mango Paleta & Dried Cranberries Baby Carrots 8 oz NF or 1% White Milk	
18		19		20		21		22	
Cocoa Brownie Bar (v) String Cheese (v) Roasted Sunflower Seeds (v) 100% Fruit Juice Broccoli w/ Ranch 8 oz NF or 1% White Milk or NF Chocolate		Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)  Peach Slices Baby Carrots 8 oz NF or 1% White Milk		Granola (v) Mango Chamoy Smoothie Bowl (v) Chili Lime Cruncherz  Chili Jicama Sticks 8 oz NF or 1% White Milk or NF Chocolate		Strawberry PopTart String Cheese (v) Jack Links: Sweet BBQ Chicken Bites Fruit: One Option & HOTM: CA Grapes Paradise Punch 8 oz NF or 1% White Milk		Birthday Cake Bar (v) String Cheese (v) Strawberry Banana Smoothie (v)  Baby Carrots 8 oz NF or 1% White Milk	
25		26		27		28		29	
<b>Thanksgiving Holiday</b> *School not in Session*		<b>Thanksgiving Holiday</b> *School not in Session*		<b>Thanksgiving Holiday</b> *School not in Session*		<b>Thanksgiving Holiday</b> *School not in Session*		<b>Thanksgiving Holiday</b> *School not in Session*	

(v)= Vegetarian  
(p) = Contains Pork

This institution is an equal opportunity provid