

NOVEMBER 2024



MON **TUE** **WED** **THU** **FRI**

				1 BBQ Pulled Turkey Sandwich Peas & Craisins
4 Bacon Cheeseburger Baby Carrots & Mandarin Oranges	5 Tacos Plant Based Meat Tacos* Garbanzo Beans & Peaches Churro	6 Pasta w/ Meat Sauce & Breadstick / Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll* Broccoli & Mixed Berry Cup	7 Chicken Teriyaki w/ Brown Rice Celery & Apple Sugar Cookie	8 Chili Cheese Dog Corn & Banana
11 No School	12 Chicken Enchiladas w/ Green Chile Sauce Black Beans & Applesauce Cup Cowboy Cookie	13 Mac & Cheese w/ Whole Grain Roll Broccoli & Oranges	14 Orange Chicken w/ Brown Rice Celery & Pears Chocolate Chip Cookie	15 Chicken Meatball Sub Peas & Apple
18 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Baby Carrots & Applesauce Cup	19 Nachos Plant Based Meat Nachos* Kidney Beans & Apple Krinkle Cookie	20 Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll* Broccoli & Fruit Cocktail	21 Spicy Schezwan Chicken w/ Brown Rice Celery & Peach Cup Snickerdoodle	22 Chicken Tenders w/ Mashed Potatoes & Gravy Corn & Grapes
25 Western Cheeseburger Baby Carrots & Pineapple Tidbits	26 No M.S. Lunch Chicken Fajitas Pinto Beans & Strawberry Cup Pumpkin Cake	27 No School	28 No School	29 No School

ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

- Student Lunch = \$4.25
- Milk = \$0.50
- Adults = \$5.25

A la carte items are available. Prices vary by item.

The Issaquah School District provides equal opportunities in its programs, activities and employment.