

NOVEMBER 2024



| MON | TUE | WED | THU | FRI |
|--|---|---|---|---|
| | | | | 1 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Peas & Craisins |
| 4 #1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Broccoli & Mandarin Oranges | 5 #1 Beef Soft Taco #2 Plant Based Meat Soft Taco (M)* Baby Carrots & Peaches Churro | 6 Brunch For Lunch #1 Dutch Waffle w/ Chicken Sausage Patty Celery Sticks & Mixed Berry Cup | 7 #1 Whole Grain Corndog Black Beans & Apple Sugar Cookie | 8 #1 Fish Nuggets Corn & Banana |
| 11 No School | 12 No School | 13 No School | 14 #1 Mac & Cheese (M) Pinto Beans & Pears Chocolate Chip Cookie | 15 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Peas & Apple |
| 18 #1 Chicken Meatball Sub Broccoli & Applesauce Cup | 19 #1 Nacho Supreme #2 Plant Based Meat Nacho Supreme (M)* Baby Carrots & Apple Krinkle Cookie | 20 #1 Pepperoni Pizza #2 Cheese Pizza (M) Celery Sticks & Fruit Cocktail | 21 #1 Teriyaki Beef Dippers w/ Brown Rice Kidney Beans & Peach Cup Snickerdoodle | 22 #1 Toasted Turkey Ham & Cheese Sandwich w/ Tomato Soup Corn & Grapes |
| 25 #1 Cheeseburger #2 Veggie Burger (M) Broccoli & Pineapple Tidbits | 26 #1 Cheesy Rippers w/ Pizza Dipping Sauce (M) Baby Carrots & Strawberry Cup Pumpkin Cake | 27 No School | 28 No School | 29 No School |

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:
#3 Yogurt Lunch (M)
#4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.00
Milk = \$0.50
Adults = \$5.25

The Issaquah School District provides equal opportunities in its programs, activities and employment.