


November Elementary School Menu



Week 1	11/1 Friday				
Breakfast	Frudel Varies by month (36) Cereal(25)				
Lunch	Nachos(45) Sunbutter Sammy/String Cheese (33) Refried Beans (28)				
Vegetable	Refried Beans (28)				
Week 2	11/4 Monday	11/5 Tuesday	11/6 Wednesday	11/7 Thursday	11/8 Friday
Breakfast	4oz Yogurt/Giant Goldfish Cereal(25)	Breakfast Pizza Cereal(25)	Cinnamon Roll (52) Cereal(25)	Confetti Mini Pancakes (36) Cereal(25)	Banana Bread (46) Cereal(25)
Lunch	Mini Corn Dogs (27) Sunbutter Sammy/String Cheese (33)	Pepperoni Pizza (33) Turkey & Cheese Munchable (38)	Breaded Chx Drum (quan: 1) (6g C) Sunbutter Sammy/String Cheese (33)	Orange Chicken(20) Fried rice(27) Turkey & Cheese Munchable (38)	Mozzarella Pull-Aparts (29) Sunbutter Sammy/String Cheese (33)
Vegetable	Tater Smiles (31)	Steamed Carrots	Baked Beans (26)	Steamed Broccoli	Sliced Cucumbers Marinara Sauce Cup(7)
Week 3	11/12 Tuesday		11/13 Wednesday	11/14 Thursday	11/15 Friday
Breakfast	Cheese Omelet IW Cereal (25)		WG Powdered Donuts (41) Cereal (25)	Pancake Sausage Stick (16) Cereal (25)	French Toast Stick (38) Cereal (25)
Lunch	Cheese Pizza (35) Turkey & Cheese Munchable (38)		Philly Pinwheel(32) Sunbutter Sammy/String Cheese (33)	Toasted Ravioli (64) Turkey & Cheese Munchable (38)	Chicken Nuggets (13) Sunbutter Sammy/String Cheese (33)
Vegetable	California Vegetables 1/2		Sweet Waffle Fries(34)	Spinach Mandarin Salad	Tater Tots(23)
Week 4	11/18 Monday	11/19 Tuesday	11/20 Wednesday	11/21 Thursday	11/22 Friday
Breakfast	Benefit Bar Variety (see package) Cereal (25)	Sausage & Egg Sandwich (21) Cereal (25)	Muffin Variety (46-47) Cereal (25)	Breakfast Burrito (21) Cereal (25)	Strawberry Mini Bagels (42)
Lunch	Beef Sliders (29) Sunbutter Sammy/String Cheese (33)	Pepperoni Pizza (33) Turkey & Cheese Munchable (38)	Grilled Cheese (28) Sunbutter Sammy/String Cheese (33)	Roasted Turkey w/ Gravy Turkey & Cheese Munchable (38)	Beef Fiestada (43) Sunbutter Sammy/String Cheese (33)
Vegetable	Ranch Beans 1/2c (23)	Carroteenies	Steamed Veggie Blend	Mashed Potatoes(15) Pumpkin Cookies (22)	Fresh Broccoli w/ Ranch
Week 1	11/25 Monday	11/26 Tuesday			
Breakfast	2ct Poptart (73) Cereal(25)	Turkey Egg Bites (30) Cereal(25)	HAPPY THANKSGIVING!!!		
Lunch	Hamburger(30) Sunbutter Sammy/String Cheese (33)	Cheese Pizza (35) Turkey & Cheese Munchable (38)			
Vegetable	French Fries (24)	Green Beans			

Offered Everyday at Breakfast:

1% White Milk
Fat Free White Milk
Fat Free Flavored Milk
100% Fruit Juice

Offered Every Day at Lunch:

Fresh Fruit and Vegetable Bar
1% White Milk
Fat Free White Milk
Fat Free Flavored Milk

All meals comply with the National School Breakfast and Lunch Programs for nutrition guidelines.

() Indicates Carbohydrate Count

Menu Subject to change based on availability.

This institution is an equal opportunity provider.