

BIC ELEMENTARY

BELLAIRE • HARRISON LANE
OAKWOOD TERRACE • MIDWAY PARK

November



BREAKFAST: Student Free • Adult: a la carte **LUNCH:** Student \$3.30 • Reduced \$0.40 • Adult: \$5.25

BREAKFAST: PopTart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>4 BREAKFAST Mini Pancakes OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Chicken Alfredo w/ Breadstick OR Corn Dog OR Yogurt/ Cheese Meal Sidewinder Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>5 BREAKFAST English Muffin w/ Egg/ Cheese OR PopTart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/ Cheeseburger OR Bean/Cheese Burrito w/ Cheese Dip French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>6 BREAKFAST Fruit Filled Strudel Frudel OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Smackers OR Steak Fingers Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Bahama Blend Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>7 BREAKFAST *Sausage Roll & String Cheese OR PopTart & Cereal Raisels Fruit Juice</p> <p>LUNCH Soft Tacos w/ Mexican Rice OR Cheese Bites w/ Marinara Dip Sidewinder Fries Ranch Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>8 BREAKFAST Glazed Cake Donut OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR BBQ Beef Rib Sandwich Green Beans Onion Rings Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p>11 BREAKFAST Cinnamon Roll & String Cheese OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Breaded Chicken Sandwich OR Yogurt/Cheese Meal French Fries Refried Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>12 BREAKFAST Breakfast on a Stick OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/ Cheeseburger OR Pizza Crunchers w/ Marinara Dip OR Turkey/Cheese LunchPak French Fries Bahama Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>13 BREAKFAST Baked Muffin OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Nuggets OR Chicken Fried Steak Wheat Roll OR Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Bahama Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>14 BREAKFAST Breakfast Burrito w/ Egg/Sausage OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Breaded Chicken Drumstick Garlic Toast OR Yogurt/Cheese Meal Green Beans Sidewinder Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>15 BREAKFAST Mini French Toast OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Hot Dog w/ Chili & Cheese Whole Kernel Corn Smile Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

*Contains Pork

• Menu Subject to change due to product availability

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<p>18 BREAKFAST Chocolate Filled Crescent OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Cheese Enchiladas w/ Mexican Rice OR Fiestada Stuffed Sandwich Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>19 BREAKFAST Yogurt Cup & Grahams OR PopTart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Fish Nuggets w/ Hushpuppies Corn on the Cob Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>20 BREAKFAST Sausage Breakfast Sandwich on Hawaiian Roll OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Macaroni and Cheese w/ Garlic Knot Roll OR Corn Dog Smile Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>21 BREAKFAST Mini Waffles OR PopTart & Cereal Raisels Fruit Juice</p> <p>THANKSGIVING LUNCH Roasted Turkey OR Chicken Tenders Wheat Roll OR Yogurt/Cheese Meal Cornbread Stuffing Mashed Potatoes and Gravy Green Beans Fruit Cup Fruit Juice <i>Holiday Treat</i></p>	<p>22 BREAKFAST Donut Rounds OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Breaded Chicken Sandwich French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
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