

# KEYS AEP

## November



**BREAKFAST:** Student: \$2.25 • Adult: a la carte    **LUNCH:** Student: \$3.65 • Reduced: \$0.40 • Adult: \$5.25

**BREAKFAST:** PopTart & Cereal offered daily. Includes choice of milk.    **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p><b>4</b></p> <p><b>BREAKFAST</b> Mini French Toast <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Beef/Cheese Nachos Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>5</b></p> <p><b>BREAKFAST</b> English Muffin Breakfast Sandwich w/ Egg &amp; Cheese <b>OR</b> PopTart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> Hamburger/ Cheeseburger French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>6</b></p> <p><b>BREAKFAST</b> Cinnamon Crumb Loaf <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice</p> <p><b>LUNCH</b> Chicken Fried Steak Wheat Roll Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>7</b></p> <p><b>BREAKFAST</b> Bagel filled w/ Creams Cheese <b>OR</b> PopTart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Chicken Alfredo Garlic Breadstick Steamed Broccoli Crinkle Cut Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>8</b></p> <p><b>BREAKFAST</b> Chicken Biscuit Sandwich <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Pepperoni Pizza/ Cheese Pizza Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
<p><b>11</b></p> <p><b>BREAKFAST</b> Cinnamon Roll &amp; String Cheese <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Soft Beef Tacos Mexican Rice Ranch Beans California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>12</b></p> <p><b>BREAKFAST</b> Yogurt Cup &amp; Grahams <b>OR</b> PopTart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Crispy Chicken Sandwich French Fries Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>13</b></p> <p><b>BREAKFAST</b> Breakfast Pizza <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Chicken Tenders Wheat Roll Mashed Potatoes w/Cream Gravy Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>14</b></p> <p><b>BREAKFAST</b> Chocolate Filled Crescent <b>OR</b> PopTart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> Spaghetti w/ Meat Sauce Garlic Toast Bahama Blend Steamed Broccoli Bahama Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>15</b></p> <p><b>BREAKFAST</b> *Sausage Rolls <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Fiestada Stuffed Sandwich Corn on the Cob French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>

\*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.

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<p><b>18</b></p> <p><b>BREAKFAST</b> Mini Pancakes <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Breaded Mozzarella Cheese Sticks w/ Marinara Dip Sidewinder Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>19</b></p> <p><b>BREAKFAST</b> Breakfast Grilled Cheese Sandwich <b>OR</b> PopTart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Hamburger/Cheeseburger French Fries Baked Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>20</b></p> <p><b>BREAKFAST</b> Mini Cinnis <b>OR</b> PopTart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Pepperoni Pizza/Cheese Pizza French Fries California Vegetable Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>21</b></p> <p><b>BREAKFAST</b> Fruit Filled Strudel <b>OR</b> PopTart &amp; Cereal Raisels, Fruit Juice</p> <p><b>THANKSGIVING LUNCH</b> Oven Roasted Turkey Breast <b>OR</b> Chicken Tenders Wheat Roll Cornbread Stuffing Mashed Potatoes and Gravy Green Beans Fruit Cup Fruit Juice <i>Holiday Treat</i></p>	<p><b>22</b></p> <p><b>BREAKFAST</b> Breakfast on a Stick <b>OR</b> PopTart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Turkey &amp; Cheese Sub Sandwich Sidewinder Fries California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
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