


What's on the Menu?

This institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity.

Islander Middle School Lunch Menu: November 4 - 8

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
create	General Tso Chicken and Rice	French Toast with Sausage	NACHO DAY: Bean and Cheese Nacho	MOOD BOOST: Turkey Dinner with Sweet Potatoes	GLOBAL EATS from CHEF JONATHAN ZARAGOZA: Pulled Pork Quesadilla
	Cheese Pizza Pepperoni Pizza	Cheese Pizza, Hawaiian Pizza & Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza, Hawaiian Pizza & Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza
grilled	Daily Selections: Hamburger, Cheeseburger, Breaded Chicken Sandwich, Spicy Chicken Sandwich, or Chicken Nuggets				
SO DELI	Turkey and Cheese Hoagie				
ON THE GO	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons
	Blueberry Parfait	Blueberry Parfait	Blueberry Parfait	Blueberry Parfait	Blueberry Parfait
	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap
	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich
	Salads offered with dinner roll or breadstick				
extra	Spring Salad	Spring Salad	Hummus	Caesar Salad	Caesar Salad
	Peaches	OJ	Peaches	Mixed Fruit	Applesauce
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit