

SISD - SHAC Meeting – 4/4/2024

Sherman High School

Reid Kirk – Chairman

Christy Baca - Secretary

In attendance:

Reid Kirk, Robert Rushing, Rita Berkley, Grayson Nursing Student, Casie Rivas, Sarah Pierce, Jenny Smucker, Gail Petty, Curtis Hightower, Truman Smucker, Isabella Wilkerson, London Wecker, Cooper Morgan, Heath Wester, Julie Ordonez

Reid discussed minutes from previous meeting.

Rita Berkley made a motion to accept minutes. Casie Rivas seconded the motion.

Minutes from previous meeting passed.

Reid passed out Nutrition, Substance Abuse, Physical Health Wellness Plans for committee groups to work on.

Reid reminded committee their tasks of updating the wellness plan to be presented to the school board.

There was discussion regarding the wellness plan updates-

Nutrition discussion led by Rita Berkley (Rita Berkley, KC Cain, Cooper Morgan)

Discussion had about state guidelines regarding the wellness plan and updates

Mental health – (London, Sarah, Casie, Ordonez)

Physical activity members (Reid, Christy, Curtis, Bella)

Needs some additional updating per Reid Kirk

Reid mentioned he would like to see the updated plans to look as much like the format that Nutrition has created in their updated plan.

Substance Abuse members (Nathan Cain, Hester, Gail Petty, Jenny Smucker)

Julie Ordonez discussed Whole Child initiative and using evaluation as a tool to evaluate their social emotional health, physical health, nutritional health. Multi-tier level of support behavior and social emotional mental health. Kids who are at risk with need rise to the top – identified – and implement interventions to help address needs that present themselves from evaluations.

Reid – once Mental Health and Physical Health have made updates, he will email all the group plan updates out.

Sarah made a motion to adjourn, Jenny second motion to adjourn.

Reid adjourned meeting 12:58 PM

Minutes Submitted by Christy Baca