

Born To Social Run (BTSR)



BTSR is the District's running program for Morristown High School girls as well as motivated Frelinghuysen and Borough 7th/8th grade girls. Regardless of your school sport, this program will help you increase your running stamina while providing social interaction. Running from November to August, we guarantee that you will become comfortable with 5 mile group runs. Perks include wineberry picking, floats down the Delaware, watermelon picking, and knowledge of all the wonderful trails in Morristown.

BTSR Fall program will start on Saturday, Nov 16th at 7:59 am in the Atno Parking lot of MHS. Runs are each Saturday during Winter/Spring with five venues to pick from each week during the Summer.

This embedded interest link will allow you to signup and provides the Parental Release form.

[Link to Interest form](#)