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School Issues

"In Octobers, We Wear Pink"

By Sarah Xue

Each year, you might recognize a pink breast cancer at some point during ribbon out and about your their lifetimes. Common risk community, whether in-person or factors include being female, aging online, especially in the month of over 55 years, family history, October. In 1985, October became genetic mutations in the BRCA1 recognized as National Breast Cancer gene, high breast density, obesity, Awareness Month, sharing its and heavy drinking. message through a pink ribbon-a symbol of breast cancer, advocating for awareness and early detection of with breast cancer, but the most breast cancer among women.

Breast cancer is the most common form of cancer among American texture changes, breast pain, women after skin cancers, with 1 in 8 female individuals likely to experience

Symptoms can vary among those common first symptom experienced is a breast lump. Other early symptoms include skin redness and swelling, or change in breast shape or size.

Not all symptoms indicate breast cancer, however, and they can occur naturally as one ages-emphasizing the importance of taking symptoms seriously and visiting a screening center.

As research surrounding breast cancer grows, newer methods treatment options continue to

those affected, up to 99% when caught in its earliest stages. However, treatment can only be given to those who seek action. This October, show your support by wearing a pink ribbon or the color pink, serving as a reminder for others to take breast cancer seriously- its effects could be life-saving.

increase survival chances for

In 1985, October became recognized as National Breast Cancer Awareness Month, sharing its message through a pink ribbon-a symbol of breast cancer, advocating for awareness and early detection of breast cancer among women.

Rosh Hashanah

By Ivanka Chernyakhovsky

This holiday is one of, if not the most important of the Jewish holidays, as it is recognized as the New Year in the Hebrew calendar. Rosh Hashanah is the first day of Tishrei, the seventh month, and is celebrated in the fall, usually in late

The origin of this holiday comes from Biblical times, adopted from the Babylonians. The rabbis decided to make this holiday the anniversary of the creation of our world, in the Jewish religion, and the month of Tishrei, though not the first month, is like the Sabbath of the year.

At home, challah bread is baked and dipped in honey to bring sweetness for the new year. Fresh fruits like apples and

At home, challah bread is baked and dipped in honey to bring sweetness for the new year.

pomegranates are also dipped in honey to eat before the meal. Rosh Hashanah is meant to be a joyous holiday, to be celebrated with family and loved ones, and as with any New Year, we are meant to reflect on the year and pray for good fortune in the upcoming year. This period of religious significance in the year is called the High Holidays, with the New Year leading into Yom Kippur, a time of prayer and fasting.

Homecoming!

By Taylor Arnosky

On October 19th from 6:30 -10 PM, Council Rock South will host its firstever Hollywood-themed Homecoming dance! The dance will include buffetstyled food and dessert, a live DJ, and

It is similar to dances South has done in the past, except this year, a homecoming court will be presented.

Nomination and voting were done through Canvas, where students selected between 4-5 options for Homecoming Prince and Princess. The court will be presented at the football game against Quakertown on October 18th and a Prince and Princess will be crowned at the dance.

Hope to see everyone at Homecoming on October 19th!

"Grease is the Word!"

By Kaitlyn Mathew

The Golden Wings Theater Company has announced its newest upcoming musical: Grease! For those who haven't seen it, Grease is about a summer romance between two teenagers which grows into a much more complex situation the next school year. The leading female character in Grease is Sandy Olsson, played by the very talented Simone Shvarts, who is in her junior year here at Council Rock High School South!

In an interview, she said, "It's an amazing show and we've put in so much effort into it! Grease is the word!" Another character featured in Grease is Kenickie Murdoch, played by Aaron Yang, who is also a junior. "We have motorcycles and cars on stage, come see Grease!"

The show will be premiering November 14-16th, so mark your calendars and make sure to tune in to this unforgettable performance--you won't want to

Joker: Folie A Deux

By Aubrey Lewis

The sequel to "Joker" directed by Todd Phillips recently came out. However, fans have not been too happy with the new sequel, often saying things along the lines of "who was this movie even for?" because it certainly wasn't for fans of the original movie. With a 33% on rotten tomatoes, it's not faring too well. The previous movie was well praised for being amazing, and for great acting on Joaquin Phoenix's part. So why did it fall so short?

According to IGN, with a 5/10 rating, it states "Despite the best efforts of Joaquin Phoenix, Lady Gaga, and an opening hour set in Arkham Asylum, Joker: Folie à Deux wastes its potential as a movie musical, a courtroom drama, and a sequel that has anything meaningful to say about or add to the first Joker." Because of how flawed it is, many believe that there should have been no sequel.

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South's Women's Soccer Team **Seeks Playoff Redemption**

By Juliette Salvi

24 season, the team finished with a record of 11 wins - 8 loses - 3 ties. The Lady Hawks headed into the playoffs as the 21st seed, with what most people expected to be a first round exit for the

In the first game, the Hawks played Downingtown West, who at the time was ranked a higher seed. In what was a back and forth match, the Hawks pulled out a 1-0 victory to advance to the next round of the district playoffs. In their next match, the Hawks played another high seed of Spring-Ford, in which they won 3-2. This win not only furthered the Hawks into the district playoffs, but also into the State Tournament.

Conestoga, who was ranked one of the highest seeds in the district. After a tough match, the Hawks fell to Conestoga which inevitably took them out of the district playoff race.

After an impressive playoff run Guaranteed two more games, the last year, the Council Rock South Hawks went on to face last year, the Council Rock South Hawks went on to face Women's soccer team is eager to Downingtown East. This game make another attempt at a far was played as a result of the loss run in the playoffs. In the 2023- to Conestoga and in the end, resulted in a loss as well.

> It had been years since the Lady Hawks had made the state tournament. Going into the tournament, the Hawks were the underdog the entire way and fought against adversity the entire way through the playoff run. This Cinderella run was ended when the Hawks matched up against Parkland, in which the team ended their season with a 2-

In the 2024-25 season, the Hawks are eager for the opportunity to potentially make the playoffs again and make a run that goes deeper into the playoffs than it did last year. As the team plays in their current season, they have the opportunity to face To continue their run in the opponents they played last district tournament, the Hawks season and have the ability to faced a challenging opponent of rematch them. As the Hawks play the rest of the 2024-25 season, they are excited to make another impactful playoff run.

Which of the Five Most Popular Candies has the Highest Sugar Content?

By Yash Patel

part of Halloween. However, as we all know, candy is filled with and incredibly unhealthy for you. According to NBC Los Angeles, the top five most popular Halloween candies in 2024 were M&M's, Reese's Peanut Butter Cups, Sour Patch Kids, Skittles, and Starbursts. With Halloween right around the corner, the question arises: which of these five candies have the highest sugar concentration?

A few things to note before we start: both Classic M&Ms and Peanut M&Ms will be measured and the sugar content will be measured by the amount of sugar contained per 100 grams of candy. Sugar content will be found on the government website nutrition.gov. Also, these numbers can and will vary. If you go to the grocery store and do this math yourself, you could get a different answer. This is because the sugar content in candy can often daily limit.

Candy is the most memorable Here are the results: the candy with the least amount of sugar per 100 grams is Peanut M&M's with 50.0 grams of sugar per 100 grams of candy. 5th place goes to Reese's Peanut Butter Cups with 52.3 grams per 100 grams. 4th place is Starburst with 55.0 grams of sugar per 100 grams. 3rd place goes to M&M's with 64.7 grams of sugar per 100 grams. 2nd place is Skittles with 72.5 grams of sugar per 100 grams. And finally, 1st place goes to Sour Patch Kids with 76.7 grams of sugar per 100 grams of candy.

> To put the amount of sugar in Sour Patch Kids to scale, a can of Coca-Cola contains 39 grams of sugar. Eating 100 grams of Sour Patch Kids, or about 40 pieces, is almost 2 cans of Coca-Cola. The FDA recommends no more than 50 grams of sugar per day, meaning that eating more than 100 grams of any of these candies is at or above the

Dear Slow Walkers...

By Zoe Emerson

It's not that I'm speeding down the hallway, I just think it's that you're choosing to walk the same speed as a snail. So yeah, you would think that I'm the one in a rush, but have you be a hindrance to everyone ever thought about the other around you. people in school? Maybe everyone else is walking at an acceptable pace, and you're the

Well, look where that got you. everyone's annoyed at you. They're looking for an opportunity to pass while understand my next lecture. you're over here dilly-dallying She doesn't know if she's and dreaming with the clouds.

You're like the one car going fifty-five in the left lane on I-95. It's the highway. If you're not going at least seventy-five, why are you in the left lane? There are other lanes for you if you want to go slow, but you decided to pretend you wanted to go fast. Now, you're a danger to everyoneon the road.

Everyone has this misconception that it's the fast slow cars who want to gofast but going on like this. lack the ability to actually commit to it. You are the slow

Speed up. Please. For the sanity of all of us who are walking behind you. It's okay to walk fast. It's okay to get to class in a timely manner. It's not okay to

Maybe you're slow because you're scared of what's in front of you. If so, I'm here to tell you that the rest of us are scared Oh, you wanted to be different? too. All of us are terrified to greet the future. All of us don't know what's coming next. I don't know if I'm going to properly prepared for the lab. He doesn't know if he even has his Chromebook with him. We're all facing the unknown together. It's alright if vou're scared, but you have to be able to overcome that fear to achieve

your goals. Hopefully, my words of encouragement will inspire you to gather some more courage in your feet, to move them a little faster. So that the rest of us no cars that are hazardous on the longer have to be punished. road. They're wrong. It's the Please. Walk faster. I can't keep

CRS Women's Tennis: On the **Road to States**

By Kim Chen & Elodie Tu

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After successfully completing the first round of districts on October 7, the team advanced to the quarterfinals, where they played Conestoga on October 8. Chen, Lerman, and Bograd all won their singles matches, guaranteeing them a spot in the state tournament. Following their victory against Conestoga, the team is set to compete in the district compete semifinals Council against Rock North on October 10.

After winning her match gainst Conestoga, fellow against author and varsity tennis player Kim Chen shared how she was feeling during the match.

"I was actually feeling much more nervous than my other matches," Chen said.

to play well and it paid off."

Her performance was a crucial part of the team's overall success to qualify for states.

"I was thrilled when I found out my team was going to states. Going to Hershey Park to compete is the highlight of my year," Chen shared.

The tennis team has had an outstanding season, with their only loss coming against Lower Merion High School. Their impressive performance has earned them a spot in the state tournament, where they will compete to defend their title as state champions for the second year in a row.

NYU, Icahn, and Starbucks: **Inaugural Princeton Science Fair Experience**

By Elizaveta Kutyeva

Princeton On October 5th, hosted its first Molecular computational chemistry when I heard I could go. The science fair was nothing like my expectations.

Being its first fair, getting The judges were super respectful, confirmation email didn't come. doing all that work for nothing.

There were only 2 categories: Sciences + Engineering. I was students there. put into the latter, along with building where it was hosted; secondly, this was a science fair at an ivy league school, and that only doubled my surprise when I saw projects made by first timers next to students getting research internships at NYU and

After the session ended, I got a (MBOP) science fair, and I was chance to explore the grounds. I'll fortunate enough to be able to leave the reader to imagine the attend and present my research. most picture perfect, warm, crisp All summer, I had worked on a autumn day and dwell in it like I did. After getting my (first ever) program, and I was ebullient Apple Crisp Latte at Starbucks, I headed back to the Icahn building (pronounced I-CON) and eagerly awaited to see what other projects there were.

challenging. I found out about the parents and fellow students the deadline 24 hours before were kind and engendered applications were due, and I was applications were due, and I was starting to get nervous when my confirmation email didn't come Unsurprisingly, expensive I was already knee deep in internship research was the type preparing, and I didn't want to of project that won, and I never deal with the disappointment of expected to win anything. I was by myself, with neither parents nor mentors to help me get through what to say or what to do, unlike Life Sciences and Physical many of the ultra competitive

the only other South student In a way, I felt bitter that I would there, Sarah Xue. Coming into never be able to compete with it, I was super intimidated! For those people. Looking at it again, I starters, I barely made it to the was glad I was able to be there with my friend, and I'm proud of being able to talk about it. I didn't win anything, but this is a science fair for fellow South Science students to keep an eye on! If you have an idea that strikes a passion in you, join the science fair! Do it for yourself, and do it for people who don't even know you to show how important putting in the effort actually is.

Joker: Folie A Deux (cont.)

By Aubrey Lewis (continued from page 1)

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The movie was also very hyped up, yet flopped so hard as it wasnt what the audience expected or wanted, and was poorly executed. People also often criticize Todd Phillips for being bad at directing sequels, and this poorly made sequel only seems to further enforce that point.

However, I think this film does a great job of honoring fans who "got" what the first movie was trying to say. I think it could have been better executed and more organized to fans taste, as in less of a musical approach, but the cinematography and message was great. The sequel revolves around the idea of the shadow of the Joker growing too large for Fleck to handle; it swallows him whole.

This is alluded to in the end of the first movie and in the stellar animated start of this film. People criticize it as well for unoriginal music choice, especially with Lady Gaga starring. However, the film even includes the song "We three (my echo, my shadow, and me)", presenting the central dichotomy.

I believe Harley is meant to serve as the audience's stand-in, which is why so many people will likely be upset with this take on a sequel. Like her, audiences wanted to see Phoenix's Joker evolve into the Clown Prince of Crime, fulfilling the cycle of violence and confronting Batman.

But when we see Arthur Fleck as just a human being, like Harley, some of us feel let down. He didn't live up to the Joker we expected. And just like her, we stop watching, leave the theater, and write negative reviews. Our Folie à deux loses one.

Self Love

By Sofiia Perepelytsia People should love more.

An individual is formed from a character. Some characters form, some are prevented from blooming, and all characters are different. Reasons which tend to hold back from people's, let's say, overall happiness, peace, are endless, deep topics for pondering. Today, however, I want to seemingly touch the topic of self-love; self-love for us, teenagers.

For some, setting a goal or a wish is a privilege, because accomplishing others wishes more comfortable, seems beneficial, more manageable. Some love to dream, imagine, illustrate the life they want in the future. Some tend to "live in the moment." However, some ponder about things out of their control. But the question is - what do you do to truly live in this moment? How many things are in our control?

We control what we say to We ourselves. control intentions. We control our beliefs. Most importantly, we feel our feelings with that intensity we, most likely, never feel again in maybe five years. Our minds will change, but how we show our "feel" will be the thing to search for all our lives. So, why not do it now, if that is in our control?

Respect for ourselves comes from love, love to ourselves. Love is a feeling we should sense from our character, our "me," as much as learn to express genuinely and passionately. Afterwards, all the feelings to show, formulate, then express will be truly, finally, comfortable.

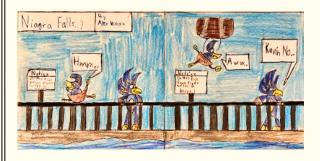
On paper, in person, heart to heart, will be ways of feeling the happiness, and presence with yourself and others. And the ourney to self-connect is in our hands now. Let's do it now.

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