

# What's on the Menu?

## Middle School Lunch Menu November 1

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items  
Student Choice  
Station  
**CHAAT HOUSE**  
Curry Chicken  
Chickpea & Spinach  
Rice

### grilled

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items  
Mozzarella & Tomato  
Panini  
Seasoned fries



Old World Style  
Classic Cheese Pizza  
Traditional Italian   
Pepperoni Pizza

### ON THE GO

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfaits



Vegetarian



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# What's on the Menu?

## Middle School Lunch Menu November 4-8

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

**Penne Pasta**  
Marinara Sauce  
Meat Sauce  
Mixed Veggie

Menu Items

**No School  
PD Day  
Election Day**

Menu Items

**Breakfast for Lunch!**

**French Toast Sticks**  
Turkey Sausage  
Fruit Compote

Menu Items

**General Tso's Chicken**  
Rice  
Seasoned Broccoli

Menu Items

**American Cheese  
Burger**  
Tater Tots

### grilled

Menu Items

**Beef Hot Dog**

Seasoned fries

Menu Items

**Chicken Caesar Wrap**

Seasoned fries

Menu Items

**Beef Quesadilla**

Seasoned fries

Menu Items

**Hot Ham & Swiss  
Sandwich**

Seasoned fries

Menu Items

**BBQ Riblet Sandwich**

Seasoned fries



Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

### ON THE GO

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits



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# What's on the Menu?

## Middle School Lunch Menu November 11-15

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

**Discovery Kitchen**

**Lets Get Cooking**

**Chicken Alfredo Pasta**

**Fresh Roasted Green Beans**

Menu Items

**Chicken Fajitas**

Onions & Peppers  
Rice

Menu Items

**Breakfast for Lunch!**

**Crispy Waffles**

Turkey Sausage  
Fruit Compote

Menu Items

**Greek Chicken Pita**  
Marinated Cucumber  
& Tomato salad  
Tzatziki Sauce

Menu Items

**Chicken Nuggets**

Fries  
Seasoned Veggie

### grilled

Menu Items

**Chicken Bacon Ranch Wrap**

Seasoned fries

Menu Items

**Chicken Pesto Ciabatta**

Seasoned fries

Menu Items

**Chicken & Cheese Quesadilla**

Seasoned fries

Menu Items

**American Cheese Burger**

Seasoned fries

Menu Item

**Fish Sandwich**

Seasoned fries



Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

### ON THE GO

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads

Fruit Cups  
Yogurt Parfaits



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# What's on the Menu?

## Middle School Lunch Menu November 18-22

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

**Penne Pasta**  
Marinara & Meatballs  
Mixed Veggie

Menu Items

**Beef Nachos**  
Rice  
Black beans

Menu Items

**Breakfast for Lunch**  
**Fluffy Pancakes**  
Turkey Sausage  
Fruit Compote

Menu Items

*Discovery Kitchen*  
*Lets Get Cooking*  
**Thanksgiving Dinner**  
Roast Turkey  
Mashed Potato  
Stuffing  
Butternut Squash  
Cranberry Sauce

Menu Items

**Sweet & Sour Chicken**  
Rice  
Seasoned broccoli

### grilled

Menu Items

**Grilled Cheese**  
Seasoned fries

Menu Items

**Meatball Sub**  
Seasoned fries

Menu Items

**Turkey Club Sandwich**  
Seasoned fries

Menu Items

**Philly Cheese Steak Grinder**  
Seasoned fries

Menu Items

**Gobbler Panini**  
Seasoned fries



Old World Style  
Classic Cheese Pizza  
Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza  
Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza  
Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza  
Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza  
Traditional Italian  
Pepperoni Pizza

### CLASSICS

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfaits

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfaits



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# What's on the Menu?

## Middle School Lunch Menu November 25-29

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

**Stuffed Mozzarella  
Cheese Bread Sticks**  
Marinara Sauce  
Mixed Veggie

**Beef Tacos**  
Rice  
Seasoned Black Beans

**Half Day  
Pasta & Meatballs**  
Marinara  
Seasoned Veggie

**Thanksgiving Recess Thanksgiving Recess**

### grilled

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

**Chicken Parm  
Sandwich**

**BLT Sandwich**

**Nashville Hot Chicken  
Sandwich**

Seasoned fries

Seasoned Fries

Seasoned Fries



Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

### ON THE GO

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfait

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfait

Assorted Fresh Salads  
Fruit Cups  
Yogurt Parfait



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