

November 2024

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[www.southhadleyschools.org](http://www.southhadleyschools.org)

# South Hadley High School Newsletter

Dear Caregivers and Friends of SHHS,

As we embrace the month of November, I hope this message finds you well and ready to reflect on the many things we have to be thankful for as a community. With the days getting shorter and the weather turning cooler, we have a wonderful opportunity to come together and celebrate our achievements and support one another.

First and foremost, I want to commend our students for their hard work as we approach the end of the first quarter. We hope that caregivers and students are accessing the PowerSchool portal, which allows the viewer to see attendance and grades. Grades and Attendance are monitored regularly and followed up on. If your student needs to be absent, please remember to call your student out through our attendance line. You can access this by dialing 538-5063 and entering option #1. You may also email any attendance questions to Ms. Sarrazin at [teri@shschools.com](mailto:teri@shschools.com).

Thank you for your continued support and commitment to making South Hadley High School a vibrant and welcoming community. I wish you all a wonderful November filled with gratitude and joy.

### November Students of the Month:

Grade 9: Ayden Dempsey  
Grade 10: Cara Dean  
Grade 11: Ethan Markham  
Grade 12: Jackson Keller

**November Staff of the Month:** Stephanie Viens

If you have any questions, concerns, or suggestions, please know that I am always willing to listen. I can be reached at [ewood@shschools.com](mailto:ewood@shschools.com) or by phone at 538-5063 ext. 3701.

*SHHS remains committed to maintaining a safe place for our staff and students. As we continue to find ourselves in unprecedented*

*times, it is more important than ever to hold a safe place for difficult conversations.*

*Our words are powerful and have the ability to cause harm that may not be visible on the surface but have lasting effects on our school community. It is beyond necessary to create an environment that listens, supports, and validates each of our diverse identities. We recognize that we are all on a journey of education. I feel fortunate to have the ability to be a listening ear, but also provide our students with learning opportunities and teachable moments that will allow them to become proactive members of our community. Please know that if you find yourself in need of additional support, we are here.*

*Everyone is welcome at South Hadley High School. Together, we can build an inclusive school that encourages, supports, and celebrates the diverse voices of all.*

Respectfully,  
Elizabeth Wood  
Principal

\* \* \* \* \*

### Financial Aid Night

We are pleased to announce that we will be hosting a Financial Aid presentation (applying, resources, types, etc.) at SHHS on Thursday, October, 24th at 6 p.m. in the SHHS cafeteria. Our guest speaker will be Mr. Jonathan Scully, Vice President of Enrollment Management and Marketing who oversees all student recruitment, financial aid, and marketing for Springfield College. Mr. Scully's presentation will help demystify the financial aid process for students and caregivers and will discuss updates to the FAFSA process. It's never too early to learn about financial aid -- students and caregivers from all grades are encouraged to join us.

\* \* \* \* \*

*All students, regardless of race, color, sex, gender identity, religion, national origin, sexual orientation, disability or homelessness, have equal access to the general education program and the full range of any occupational and vocational education programs offered by the South Hadley Public Schools.*

## SENIOR NEWS- Class of 2025

## Family Movie Night

## Service Club News

### **Senior Field Day & Senior Banquet:**

Both the senior field day and senior banquet will be held near the end of the school year. More information will follow as it becomes available.

### Yearbook News

#### **Yearbook Photos**

For those of you looking to take senior photos this summer, the dimensions for the yearbook will be 3.5" x 3.5". This will also include a thin border. Photos larger than this will be cropped. The system accepts .jpg and .png files only. Our preliminary deadline for senior photos will be 2/1/2025. We will also be looking for "first day of school pictures", (preschool, kindergarten, first etc.) These photos can be emailed to Ms. Quinn at: [shhs\\_yearbook@shschools.com](mailto:shhs_yearbook@shschools.com) at any time. Yearbooks will be for sale February 1, 2025.

\* \* \* \* \*

### Library

Election Day is here! The library has information on voting, including registration (for those 18 and older) and pre-registration (for those 16 and older). We hosted a registration drive during October, but remember that you can register anytime for future elections! To see more, and to check out research guides, citation help, and more, check the library's website at [bit.ly/lymanlibrary](http://bit.ly/lymanlibrary). If you have any questions, contact the librarian, Ms. Pronovost, at [epronovost@shschools.com](mailto:epronovost@shschools.com).

\* \* \* \* \*

### The Cotillion – PLAN AHEAD

Our Cotillion will take place January 18, 2025 at the *Castle of Knights*, in Chicopee, from 6-10 p.m. Tickets will be approximately \$65.00 per person. The date of ticket sales will November 1<sup>st</sup>. Checks only made out to SHHS. All permission slips and payments are due by Friday January 5th. **Please plan accordingly.** If you have any questions or concerns please email Ms. Viens: [sviens@shschools.com](mailto:sviens@shschools.com).

\* \* \* \* \*

The Student Council is hosting a movie night on Thursday, December 5th, at 5:30 pm in our auditorium.



Tickets are \$3 for adults, \$2 for Students/Teachers, and 12 and under are FREE.

We will be watching **The Polar Express!**  
Concession snacks available! See you then!

\* \* \* \* \*

### Music Notes

**After School Activities:** After school activities in the music department include Marching Band, Jazz Band, Indoor Percussion, Chorus, Vocal Roar, and Harlequins. If you are interested in joining or learning more about any of these groups, please email Ms. Curtis at [bacurtis@shschools.com](mailto:bacurtis@shschools.com)

### **Music Department Schedule** **November**

11/7 Music Students to UMass Multi-Band Concert 9:00-1:30pm  
11/8 Vocal Roar Performance at the South Hadley Senior Center 9:00am  
11/1 Marching Band/Football Game 7pm  
11/16 Sr. Dist Aud., Westfield, MA (Time TBD)  
11/20 Indoor Guard Show Reveal & Information Meeting 3-3:30 pm, Band Room  
11/27 Marching Band School Tour  
12/6 Village Stroll, SH Common 5pm-ish

\* \* \* \* \*

### Student Council Krispy Kreme Fundraiser

On November 7th through November 11th, the Student Council will be selling Krispy Kreme Donuts to raise money for field trips. The donuts will be available to the students for delivery later in the month. Donuts will also be sold during both lunches.

Please help support the Student Council while enjoying these hard-to-get delicious treats!! Contacts for orders are: [mmorales@shschools.com](mailto:mmorales@shschools.com)

\* \* \* \* \*

The Service Club proudly announces the successful completion of a recent donation drive aimed at benefiting children under the care of "The Gandara Center". This initiative focused on collecting essential items, including fidget tools, sensory toys, positive message stickers and rocks, as well as hats, mittens, gloves, and sweatshirts, for children aged three to eighteen.

The collected donations will play a crucial role in enhancing the well-being of these children. Clinical Therapists at *The Gandara Center* will thoughtfully place these items into bags, which will then be delivered to the children. The intention behind this initiative is not only to provide physical comfort but also to help boost the self-esteem of these young individuals, who often face significant challenges.

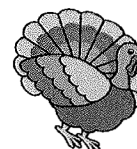
The success of this donation drive is a testament to the generosity and compassion of our community. Each contribution, no matter how small, has the potential to brighten the lives of many children in need. The members of *The Service Club* extend their heartfelt gratitude to all those who participated and supported this worthy cause. Together, we can continue making a meaningful impact in the lives of children who need it most.

\* \* \* \* \*


### Power Puff

Attention Juniors and Seniors interested in Power Puff: You can now sign up to play in Ms. Viens's room. Make sure to grab a permission slip when doing so. Permission slips are due October 25th, with no exceptions. FYI: you must pay for your shirt when you pick it up, and payment plans will be accepted.

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## November 2024 Calendar of Events

Date	What	Time	Who	Where
2	Sat. Night <i>Day Light Savings at Midnight</i>		Turn clocks 1hr BACK at	Bedtime
5	Teacher In-Service / Election Day			
6	MCAS Retest - ELA Session 1			
7	MCAS Retest - ELA Session 2			
	School Committee	6:00	Virtual	SHCOA
11	Veteran's Day Observed - No School			
12	MCAS Retest - Math 1			
	BASH	5:30	Café 1	
	SHMPA Meeting	6:00	Chorus Room	
13	MCAS Retest - Math 2			
21	School Committee	6:00	Virtual	
22	SH Players - Wizard of OZ	7:00	Auditorium	SHHS
23	SH Players - Wizard of OZ	7:00	Auditorium	SHHS
24	SH Players - Wizard of OZ	1pm Matinee	Auditorium	SHHS
25	Powder Puff Game / \$3 admission	5:00	Football Field	SHHS
27	1/2 Day - 1, 2, 3 & 5 (lunches 4)		For All Employees	
28	V Thanksgiving Day Football Game	10:00AM	Holyoke High	Home
29	Thanksgiving Recess - No School			

### A Look Ahead

5-Dec	Movie Night - Polar Express	5:30	Auditorium	SHHS
	Sponsored by Student Council			
	\$3 admission, \$2 students/teachers, 12 & under are Free			





# Recreation Newsletter



## Winter Sport Registrations

Winter sport registrations will open on September 30th. Each sport & grade level have different registration deadlines so be sure to check when your child's deadline is.

### Basketball

Grade 5-8 Suburban: Registrations Closed  
Grade 3-8 Recreation: November 11th  
Grade K-2 Recreation: November 18th  
DARE High School: December 9th

### Wrestling

Grade K-8 Recreation: November 18th

## New York City Bus Trip

On Saturday, December 14th the bus will leave South Hadley High School at 7am and arrive in New York City around 10am. There will be 2-3 drop off locations that will be announced on the bus that day. You have all day to shop, see a show, go for a skate at Rockefeller Center, have a nice meal, sightsee, etc...the day is yours!!! Let us take care of the driving. The bus will leave NYC at 6pm (pick up location will be announced on the bus) to return to South Hadley.

The cost of the trip is \$65 per person. Seats are available on a first come, first serve basis.

If you are interested in the bus trip please fill out the form below. The form can also be found on our website [www.southhadleyrecreation.org](http://www.southhadleyrecreation.org). Submission of this form does not guarantee you a spot on the bus trip. The Recreation Department will confirm your reservation via email within a week of your submission.

NYC Bus Trip Form:

<https://forms.gle/tcpUzB5AACKYiUD47>

## Santa's Land

Santa's Land will return to Buttery Brook Park December 12th-15th & December 19th-22nd from 5:30-7pm. This wonderful event is put on by the Friends of Buttery Brook Park and the Department of Public Works Park Staff. Come visit Santa and whisper what you'd like him to bring you this year. Cookies, hot chocolate and a gift will be given out free to all children. Photos with Santa may be taken with your own phone. You can find event updates and weather cancellations at [www.facebook.com/butterybrookpark](http://www.facebook.com/butterybrookpark).

## Middle School Ski & Snowboard Club

We are excited to bring back the South Hadley Ski & Snowboard Club for its 2nd year. This program is open to those currently in Grade 5-8 that are South Hadley residents or attend Michael E. Smith Middle School. Registrations for the program open October 15th and run through November 15th or when the program fills, whichever comes first.

**SPACE IS LIMITED - SPOTS ARE FILLED ON A FIRST COME BASIS (50 MAXIMUM PARTICIPANTS)**

*\*Please note that this program is designed for independent skiing/snowboarding. When your students participate in lessons, they will have an instructor accompanying them. However, once the lesson ends, students are responsible for their own activities on the mountain. While we will have chaperones skiing and monitoring the area, it is important to clarify that they will not be skiing alongside the participants. The chaperones are assigned to perform check-ins and ensure the safety of the students.*

The program will take place on Wednesday nights for six weeks (weather dependent) at Bousquet Mountain. January 8th, 15th, 22nd, 29th and February 5th & 12th.

A deposit of \$226 will be due by November 15th

### Program Options & Cost

**Option 1:** SHRD Bus Fee Only (Bousquet Mountain Pass Holder) - \$226

**Option 2:** SHRD Bus Fee & Lift Ticket (NO lesson or rental equipment) - \$316

**Option 3:** SHRD Bus Fee & Lesson/Lift Ticket Package (NO rental equipment) - \$492

**Option 4:** SHRD Bus Fee, Lift Ticket & Equipment Rental (NO lesson) - \$426

**Option 5:** SHRD Bus Fee & Lesson/Lift Ticket Package & Equipment Rental - \$584

**\*Optional Six Week Meal Voucher** (choice of three meal options each week of the program from the Bousquet Ski Lodge) - \$90

## Women's Open Gym Basketball

This program will take place on Tuesday evenings at Plains Elementary School. Participants must be at least 18 years of age to participate. The time of the program will change throughout the year. Below are the dates and times. The fee is \$75 for South Hadley residents and \$100 for non-residents for the entire program. We have eliminated the pay per session option this season.

- September 17 - October 29: 6:30-8:30pm.
- November 12 - March 11: 7:45-9:15pm
- March 18 - June 10: 6:30-8:30pm
- **No program on December 24, December 31, February 18 and April 22.**
- **We are waiting on November 5 and April 8.**
- \*Please note school events could cause cancellations, if this happens we will email you.
- There will be no makeup sessions if the program is cancelled due to weather or a school event.

Register at  
[www.southhadleyrecreation.org](http://www.southhadleyrecreation.org)

## Men's Over 30 Pick Up Basketball

This program runs on Sunday mornings from 8:30am-10:30am at South Hadley High School.

Dates: Nov 3, 10, 17, 24. Dec 8, 15, 22, 29. Jan 5, 12, 19, 26. Feb 2, 9\*, 16\*, 23. March 2, 9, 16, 23, 30.

Cost: \$90 for residents. \$115 for non-residents

\*One of these dates will not run due to a school function. We will email when we have more information.

Sessions may be canceled due to school functions. If that is the case you will be emailed about the cancellation.

Participants must register online at [www.southhadleyrecreation.org](http://www.southhadleyrecreation.org). No registrations will be taken in person.

## Tanya Gets You Fit Classes

Love cardio kick? Love getting your cardio done by doing a little hip hop dance? But you know how important strength and core training is right?! Why not get a little bit of everything in one class?!

FAB FUSION FITNESS is Tanya's FAN FAVORITE!! Sweat and get the heart pumping having fun while throwing some punches and getting a little jiggy with it! You will also be doing plenty of strength training that will help you build muscle, that helps you burn more fat! How could you miss such a great time?

When: Tuesdays

When: 5:30-6:30pm

Where: Michael E. Smith Middle School

Fees: \$10 drop in; \$40 for 5 class punch card - Cash or Check paid at the site.

## Neighbors Helping Neighbors

Everyone needs help sometimes. Neighbors Helping Neighbors is a nonprofit food pantry that builds strong communities by connecting people with their neighbors in need. Neighbors Helping Neighbors is a client-choice food pantry serving South Hadley and Granby. This means that those needing support get a menu so they can choose the foods they like, including fresh produce, dairy and meats among other things.

Their core values are: community, compassion, generosity, respect, support and inclusion.

If you are hungry or concerned about meeting your family's food needs please contact Neighbors Helping Neighbors, they are here to help. You can call 413-437-7593 or visit their website at [nhnfoodpantry.org](http://nhnfoodpantry.org). The food pantry is open on Wednesdays from 12:30pm-6pm and Saturdays from 10am-12pm. Deliveries are made on Tuesday.

If you are interested in helping to support your community what Neighbors Helping Neighbors needs most right now are financial donations. They continue to serve more and more customers, and donations allow them to buy the food they need when they need it. Through their membership with the Food Bank of Western Mass, they can leverage \$1 to provide three meals. They have been fortunate that the community continues to support them so they can meet their customers needs. You can help them by making a financial donation through their website [nhnfoodpantry.org](http://nhnfoodpantry.org).

If you would like to donate food and/or personal care items, these items are especially needed: soup, hot and cold cereal, canned meat, tomato products, shampoo, toothbrushes and toothpaste, deodorant and women's hygiene.

Join us in strengthening the bond of our local community and providing support to those who need it.

## Indoor Pickleball

**Where:** St Theresa's Church (9 E. Parkview Dr.)

**Start Date:** December 6th

**Times:** Friday evenings and Saturdays

**How to Register:** Participants MUST pre-register to play and pay a \$10 fee to gain access to the TeamReach app. You can find the link to register at [www.southhadleyrecreation.org](http://www.southhadleyrecreation.org).

TeamReach App - code Theresa1

**Cost:** One time \$10 to register on TeamReach & \$10 per 2 hour play session

**Questions:** Email  
[southhadleypickleball@gmail.com](mailto:southhadleypickleball@gmail.com)



## SOUTH HADLEY HIGH SCHOOL

NOVEMBER 2024

<i><b>MONDAY</b></i>	<i><b>TUESDAY</b></i>	<i><b>WEDNESDAY</b></i>	<i><b>THURSDAY</b></i>	<i><b>FRIDAY</b></i>
<b>LOOKING FOR A PART-TIME JOB WHILE STUDENTS ARE IN SCHOOL???</b> THE FOOD SERVICE DEPARTMENT IS LOOKING FOR SUBSTITUTE EMPLOYEES. IF INTERESTED, PLEASE CALL 538-5074 EXT. 4724		<b><u>BREAKFAST</u></b> REMINDER! NOW SERVING BREAKFAST. DAILY 7:00AM TO 7:20AM		<b>NOV 1</b> <u>"ARNOLD'S" GRILLED HOT DOGS</u> BAKED BEANS RED FAT POTATO CHIPS COLESLAW JELL-O W/ TOPPING
<b>4</b> <u>SPICY CHICKEN PATTIE SANDWICH</u> LETTUCE & TOMATO OVEN BAKED FRIES MIXED VEGGIES CHILLED FRUIT	<b>5</b> <u>ELECTION DAY/TEACHER IN SERVICE</u> <b>NO SCHOOL</b>	<b>6</b> <u>EGG, SAUSAGE &amp; CHEESE SANDWICHES</u> POTATO PUFFS ORANGE WEDGES CHILLED JUICE	<b>7</b> <u>B.R.Q. MEATBALLS</u> MASHED POTATOES STEAMED BROCCOLI DINNER ROLL CINNAMON APPLES	<b>8</b> <u>BIG DADDY'S CHEESE PIZZA</u> TOSSED SALAD W/ DRESSING CHILLED FRUIT OTIS SPUNKMEYER COOKIES
<b>11</b> <b>VETERAN'S DAY</b> <b>NO SCHOOL</b>	<b>12</b> <u>CRISPY CHICKEN NUGGETS</u> DIPPING SAUCE RICE PILAF CARROTS MIXED FRUIT	<b>13</b> <u>TURKEY &amp; CHEESE ON A BULKIE ROLL</u> LETTUCE & TOMATO RED FAT POTATO CHIPS CUCUMBER WHEELS DICED PEARS	<b>14</b> <u>LAZY CHICKEN PARMESAN CASSEROLE</u> GREEN BEANS BREAD & BUTTER SLICED PEACHES	<b>15</b> <u>CUBAN SANDWICHES</u> (SLICED HAM, PULLED PORK, PICKLE SLICES & CHEESE) NACHO CHIPS FRESH VEGGIES OTIS SPUNKMEYER COOKIES
<b>18</b> <u>CHEESEBURGERS</u> LETTUCE & SLICED TOMATOES GARLIC DUSTED POTATO WEDGES BROCCOLI W/ DIP MIXED FRUIT	<b>19</b> <u>CHICKEN FAJITA RICE BOWLS</u> PEPPERS & ONIONS SALSA & LIGHT SOUR CREAM RICE PILAF STEAMED CORN PINEAPPLE CHUNKS	<b>20</b> <u>HAM &amp; CHEESE BAGEL MELTS</u> LETTUCE & TOMATO MINI PRETZELS CHERRY TOMATOES FRUIT CRISP W/ TOPPING	<b>21</b> <u>TURKEY &amp; GRAVY</u> MASHED POTATOES BREAD STUFFING GREEN BEANS CRANBERRY SAUCE DINNER ROLL SUNDAE CUPS	<b>22</b> <u>ASSORTED SANDWICHES</u> TURKEY RICE SOUP GOLDFISH CRACKERS 3-BEAN SALAD BABY CARROTS OTIS SPUNKMEYER COOKIES
<b>25</b> <u>PEPPERONI &amp; CHEESE PAN PIZZA</u> TOSSED SALAD MIXED FRUIT	<b>26</b> <u>FRENCH TOAST W/ SYRUP</u> BAKED SAUSAGE STRAWBERRIES W/ TOPPING CHILLED JUICE	<b>27</b> <u>1/2 DAY LUNCHESES WILL BE SERVED</u> MENU WILL BE POSTED 11/22/24!	<b>28</b> <b>THANKSGIVING RECESS</b>	<b>29</b> <b>THANKSGIVING RECESS</b>

**BREAKFAST AND LUNCH IS FREE TO ALL STUDENTS! LUNCH MEALS INCLUDE MILK & ASSORTED WHOLE FRUIT. ADDITIONAL MILK IS 50 CENTS. LARGE SALADS, YOGURT, AND ASSORTED SANDWICHES ARE AVAILABLE DAILY AS A TYPE "A" MEAL ALTERNATIVE. THE MENU IS SUBJECT TO CHANGE.**

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