



EMERGENCY ACTION PLAN

DHS Competition and Auxiliary Gyms

4200 N. State HWY 91 Denison, TX 75020

A serious injury is considered any condition that may result in permanent disability or loss of life. These injuries include, but are not limited to: loss of life, paralysis, head injuries, heat illness, severe bleeding, cervical neck injury, and cardiac arrest.

EMERGENCY PERSONNEL: Certified athletic trainers by the BOC/ licensed athletic trainers by the State of Texas, team physician, EMS available by calling 911, student trainers.

District Athletic Trainer: Christian Cabello, LAT, ATC (903) 617-9090

District Athletic Trainer: Dana Payne, LAT, ATC (580) 775-3049

EMERGENCY EQUIPMENT: Automated External Defibrillator (AED) located outside of the Gym Athletic Training Room. Splints (vacuum, SAM, etc.) spine board, oxygen and airway controls, crutches, and universal precautions (gloves, gauze, etc., for wound control) located in the Gym Athletic Training Room.

TYPES OF EMERGENCY SITUATION:

All emergency situations can be divided into two main categories: life-threatening or nonlife-threatening.

- Nonlife-threatening injuries are those injuries/conditions that a certified athletic trainer can treat and transport, if needed, to the emergency room.
- Life-threatening injuries are those injuries/conditions that need immediate care to prevent loss of life/limb and need the activation of the emergency medical service (EMS).
- In the event a certified athletic trainer is not on site, the responsibility for determining to activate EMS is a member of the athletic staff.

ACTIVATION OF EMERGENCY MEDICAL SERVICE (EMS)

The decision to activate the emergency medical service (EMS) should be made by the athletic trainer. If there is not an athletic trainer, then a member of the athletic staff should activate EMS by dialing 911 OR the Denison Fire Department (903) 465-2422 option 1.

INFORMATION NEEDED WHEN DIALING 911 (EMS)

- What emergency service is needed (ambulance, fire, police)
- Name, address, telephone number of caller
- Nature of emergency (Cardiac, fracture, neck injury, etc.)
- Number of patients(s) or condition of patient(s)
- First aid being provided
- Specific directions as needed to locate scene (See below)
- Any other information as requested by dispatcher

NEXT STEPS

- Continue to provide emergency care until EMS arrives and be prepared to provide pertinent information to EMS (care given, nature of injury, any important medical history, etc.)
- **Someone should stand outside the exterior back gym double doors by the stairs and ramp to wave down and direct EMS to the emergency.**
- **Make sure that EMS has clear access to the emergency, doors may need to be unlocked.**
- The athletic trainer and athletic director should be notified of any student who is transported or sent to the emergency room as soon as possible.

In the event of a catastrophic injury, no member of the athletic staff, including students, should comment to any media outlet.

Contact info:

Athletic Trainer Christian Cabello Office: 903-462-7083

Cell: 903-617-9090

Athletic Trainer Dana Payne Office: 903-462-7188

Cell: 580-775-3049

Athletic Director: Brent Whitson Office: 903-462-7082

Cell: 214-558-0402

Assistant Athletic Director: Aaron Bach Office: 903-462-7084

Cell: 214-478-7807

Assistant Athletic Director: Jeff Green Office: 903-462-7326

Cell: 469-834-9342

Athletic Office: 903-462-7620