

OZARK

Breakfast

HIGH SCHOOL

November



Monday	Tuesday	Wednesday	Thursday	Friday
				1 No School Today
4 French Toast Sticks Parfait and Muffin Cereal Toast Grapes Fruit Juice Milk	5 No School Today	6 Colby Omelet with Cheese Stick Cereal Toast Parfait and Muffin Apple Fruit Juice Milk	7 Pancake on a Stick Breakfast Quesadilla Cereal with Cheese Stick Banana Fruit Juice Milk	8 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
11 Glazed Donut Cereal with Cheese Stick Parfait and Muffin Grapes Fruit Juice Milk	12 Cinn. Streusel Cake Parfait and Muffin Cereal with Toast & Jelly Orange Wedges Fruit Juice Milk	13 Fruit Nachos Parfait and Muffin Cereal with Cinnamon Toast Peaches Fruit Juice Milk	14 Breakfast Pizza Cereal Parfait and Muffin with Cinnamon Toast Banana Fruit Juice Milk	15 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
18 Pancakes Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk	19 Gingbread French Toast Sausage Biscuit Cereal with Cheese Stick Orange Wedges Fruit Juice Milk	20 Scrambled Eggs with Cheese Stick Cereal Cinnamon Toast Parfait and Muffin Apple Fruit Juice Milk	21 Cinnamon Roll Breakfast Pizza Cereal with Yogurt Banana Fruit Juice Milk	22 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk

25

Breakfast Quesadilla
with Cheese Stick
Parfait and Muffin
Cereal
with Toast & Jelly
Grapes
Fruit Juice
Milk

26

Pumpkin Crumb Cake
Chicken Biscuit
Cereal
with Yogurt
Orange Wedges
Fruit Juice
Milk

27

No School Today

28

No School Today

29

No School Today

This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$1.95

Single milk purchase for breakfast, lunch or snack is \$.45.