

OZARK

Breakfast

JUNIOR HIGH

November



Monday	Tuesday	Wednesday	Thursday	Friday
				1 No School Today
4 French Toast Sticks Cereal with Toast & Jelly Grapes Fruit Juice Milk	5 No School Today	6 Colby Omelet Cereal Toast Apple Fruit Juice Milk	7 Pancake on a Stick Parfait and Muffin Cereal with Cheese Stick Banana Fruit Juice Milk	8 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
11 Glazed Donut Cereal with Cheese Stick Grapes Fruit Juice Milk	12 Cinn. Streusel Cake Parfait and Muffin Cereal with Toast & Jelly Orange Wedges Fruit Juice Milk	13 Fruit Nachos Cereal with Cinnamon Toast Peaches Fruit Juice Milk	14 Breakfast Pizza Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	15 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
18 Pancakes Cereal with Toast & Jelly Grapes Fruit Juice Milk	19 Gingbread French Toast Parfait and Muffin Cereal with Cheese Stick Orange Wedges Fruit Juice Milk	20 Scrambled Eggs Cereal Cinnamon Toast Apple Fruit Juice Milk	21 Cinnamon Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	22 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk

25

Breakfast Quesadilla
Cereal
with Toast & Jelly
Grapes
Fruit Juice
Milk

26

Pumpkin Crumb Cake
Parfait and Muffin
Cereal
with Yogurt
Orange Wedges
Fruit Juice
Milk

27

No School Today

28

No School Today

29

No School Today

This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$1.95

Single milk purchase for breakfast, lunch or snack is \$.45.