

OZARK

Lunch



JUNIOR HIGH

November

Monday

Tuesday

Wednesday

Thursday

Friday

1

No School Today

4

Cheese Ravioli
Chicken Tenders
with Texas Toast
Popcorn Chicken Wrap
Salad Bar
with Fruit Muffin
Roasted Broccoli
Baby Carrots
Applesauce
Milk

5

No School Today

6

Chicken Chimichanga
with Cilantro Lime Rice
BBQ Pork Sandwich
Italian Sub
Salad Bar
with Cornbread
Mexican Beans
Toss Salad
Pears
Milk

7

Chicken Patty
Baked Ham
Hot Roll
Mashed Potatoes
Corn
Frozen Berry Lemonade
Milk

8

Chicken Nuggets
Tortilla Chip
Smothered Burrito
Roast Beef & Swiss
Salad Bar
with Fruit Muffin
Charro Beans
Celery Sticks
Orange Wedges
Milk

11

Popcorn Chicken
with Orange Sauce
Beef Fingers
Popcorn Chicken Wrap
Salad Bar
with Fruit Muffin
Fried Rice
Glazed Carrots
Toss Salad
Straw/Banana Mix
Milk

12

White Chicken Chili
with Cornbread
Chicken Drumstick
Salad Bar
Texas Toast
Italian Sub
Corn
Sliced Cucumber
Peaches
Milk

13

Chili Dog on Bun
Chicken & Waffles
Turkey Avocado Wrap
Salad Bar
with Fruit Muffin
Charro Beans
Toss Salad
Pears
Milk

14

Chicken Patty
Chicken Nuggets
Hot Roll
Mashed Potatoes
Seasoned Peas
Apple
Milk

15

Grilled Cheese
Corn Dog
Roast Beef & Swiss
Salad Bar
with Fruit Muffin
Tater Tots
Tomato Soup
Watermelon
Milk
Mixed Fruit
Milk

18

Chicken Parmesan
Chicken Burrito
Turkey Avocado Wrap
Salad Bar
with Fruit Muffin
Toss Salad
Cauliflower
Straw/Blueberry Mix
Milk

19

Beef Tacos
Hamburger on Bun
Italian Sub
Salad Bar
with Fruit Muffin
Refried Beans
Broccoli
Mixed Fruit
Milk

20

Hot Dog
Chicken Tenders
Spanish Rice
Popcorn Chicken Wrap
Salad Bar
with Fruit Muffin
French Fries
Baby Carrots
Orange Wedges
Milk

21

Roasted Turkey
Hot Roll
Stuffing, Cornbread
Seasoned Peas
Sweet Potatoes
Peaches
Pumpkin Cookie
Milk

22

Cheese Pizza
Sloppy Joe
Roast Beef & Swiss
Salad Bar
with Fruit Muffin
Sliced Cucumber
Corn
Cantaloupe
Milk

25

Chili
with Cinnamon Roll
Mini Corn Dogs
Italian Sub
Salad Bar
with Cornbread
Broccoli
Roasted Zucchini
Pears
Milk

26

Chicken Nuggets
Tortilla Chip
Cheeseburger
Turkey Avocado Wrap
Salad Bar
with Fruit Muffin
Cheesy Cauliflower
Baked Beans
Peaches
Milk

27

No School Today

28

No School Today

29

No School Today

This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$3.25

Single milk purchase for breakfast, lunch or snack is \$.45.