

Lunch Menu

North Merrick Elementary Schools

November
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

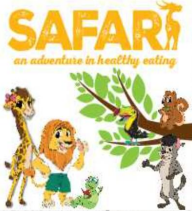
Monday

Tuesday

Wednesday

Thursday

Friday



4 Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Steamed Carrots
Grape Tomatoes
Apple Slices

MEATLESS MONDAY

5 **Election Day**

6 Crispy Chicken Drumstick
With Seasoned Rice
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Sweet Corn
Confetti Garbanzo Bean Salad
Fresh Banana

7 Roasted Turkey with Gravy
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Mashed Potatoes
Green Beans
Cranberry Sauce
Fresh Grapes

NEW

8 Classic Cheese Pizza
Or Pepperoni Pizza
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Garden Salad
Celery & Carrot Sticks w/
Low Fat Dressing
Fresh Pear

11 **IT'S VETERANS DAY**

12 Homemade Mac & Cheese
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Steamed Carrots
Fresh Cucumber Salad
Sliced Oranges

13 Cheeseburger
Or NY Beef Burger
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Oven Baked Fries
Baked Beans
Honeydew and Cantaloupe Cup

14 Wing Shack Classic Buffalo
Chicken Wings
Or Wing Shack Chicken Wings
Or Wing Shack BBQ Style
Chicken Wings
Or Chicken Nuggets
Whole Wheat Dinner Roll
Sauteed Zucchini
Carrot Sticks
Apple Slices

15 Classic Cheese Pizza
Or Pepperoni Pizza
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Mixed Kale Side Salad
Chilled Red Pepper Strips
Fresh Pear

HARVEST

18 Grilled Cheese Sandwich
Meltdown Café
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Steamed Carrots
Celery
Apple Slices

MEATLESS MONDAY

19 Chicken Lo Mein
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Steamed Broccoli
Carrot Sticks
Fresh Banana

NEW

STUDENT APPRECIATION DAY
Fortune Cookie!

20 Cinnamon French Toast
With Sausage Patty
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Crispy Potato Puffs
Carrot Sticks
Fresh Banana

IT'S BRUNCH FOR LUNCH

21 Nachos Grande
tortilla chips topped with freshly
prepared mexi style meat and
cheese
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Buttered Corn
Confetti Black Bean Salad
Apple Slices

22 Classic Cheese Pizza
Or Pepperoni Pizza
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Spinach Salad
Celery
Fresh Pear

25 Mozzarella Sticks
With Marinara Sauce Dip
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Green Beans
Celery & Carrot Sticks w/
Low Fat Dressing
Apple Slices

MEATLESS MONDAY

26 Crispy Chicken Sandwich
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Baked Sweet Potato
Confetti Garbanzo Bean Salad
Sliced Oranges

27 Classic Cheese Pizza
Or Pepperoni Pizza
Or Chicken Nuggets
With Whole Wheat Dinner Roll
Garden Salad
Celery
Fresh Banana

28 **THANKSGIVING DAY**

29 **SCHOOL CLOSED TODAY**

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Student Price: \$3.40
Adult Lunch \$5.29 + Tax
Lunch served with choice of grains, meat/meat alternative assorted fruit choices and milk

We serve Turkey Taco Meat, Chicken Sausage Patty, Chicken and Beef Pepperoni. All grains

Vegetarian WG or Made With Natural Ingredients

Choice of FF, 1% White Milk or Fat Free Chocolate with meal
Available Daily: Assorted Garden Salad w/ Grain or Proteins
Assorted Sandwiches, Yogurt w/ Grain and Cheese, Bagel
Lunch w/ Protein
Assorted Fresh Fruit (Apple, Orange, Pear) and 100% Fruit Juice
(Apple, Fruit Punch, Orange Tangerine) Assorted Fresh Vegetables (Carrots, Celery, Pepper, Salad)
Assorted Condiments

Any Question or Concerns Please Call
The School Lunch Office 1-516-282-1832
Please Contact The School Nurse To Report All Allergies