

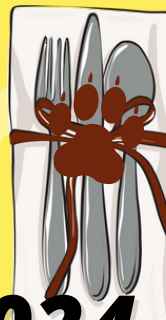
NOVEMBER

What is a Lunch Meal?

Lunch includes 5 components:

Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.
Choose all 5 for a nutritious meal!



Kemblesville ELC Lunch Menu 2024

AVON GROVE CHARTER SCHOOL

Lunch \$2.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes:
1% White Milk
Non-Fat Chocolate Milk
Non-Fat Strawberry Milk

Mini Pepperoni & Cheese Calzones 1
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Steamed Broccoli, Veggie Juice
Banana, Grapes
Daily Milk Selection

Stromboli 4
Spaghetti w/Meatballs & Garlic Toast
Yogurt/Cheese Stick/ Mini Cinnis

Steamed Broccoli
Baby Carrots
Strawberry Wiggles, Diced Pears
Daily Milk Selection

No School
Teacher Inservice

Breaded Chicken Patty on Roll 6
Grilled Cheese
Yogurt/Cheese Stick/ Mini Cinnis

Tomato Soup, Baked Beans
Sour Raisins, Fruit Juice
Daily Milk Selection

Walking Taco 7
Egg & Cheese English Muffin w/Sausage
Yogurt/Cheese Stick/ Mini Cinnis

Fiesta Black Beans,
Lettuce/Tomato
Apple Slice, Fruit Juice
Daily Milk Selection

Round Cheesy Pizza 8
Turkey/Cheese/Cracker Pack
Yogurt/Cheese Stick/ Mini Cinnis
PBJ Uncrustable /Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Smile Fries, Veggie Juice
Banana, Grapes
Daily Milk Selection

Southwest Chicken Eggroll 11
w/Rice
Buttery Ranch Pierogies
Yogurt/Cheese Stick/Mini Cinnis

Baby Carrots, Steamed Broccoli
Mixed Fruit Cup, Fruit Juice
Daily Milk Selection

Mac & Cheese w/Pretzel Rod Corn Dog Minis 12
Yogurt/Cheese Stick/ Mini Cinnis
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Mashed Potatoes, Cucumber Slices
Diced Pears, Apple Sauce
Daily Milk Selection

Cheese Omelet w/ Pancakes 13
Rib B Que on Club Roll
Yogurt/Cheese Stick/ Mini Cinnis

Steamed Green Beans
Celery Sticks
Craisins, Fruit Juice
Daily Milk Selection

Turkey Shaped Nuggets 14
w/ Garlic Knot
Cheese Tortellini w/ Meat sauce & Garlic Knot
Yogurt/Cheese Stick/ Mini Cinnis

Steamed Corn, Veggie Juice
Apple Slices, Mandarin Cup
Daily Milk Selection

Sausage & Cheese Pizza Bagel 15
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Chickpea Salad, Veggie Juice
Banana, Grapes
Daily Milk Selection

Mozzarella Sticks w/ Marinara 18
Garden Salad w/Soft Pretzel
Yogurt/Cheese Stick/Mini Cinnis

Baby Carrots
Steamed Green Beans
Cantaloupe, Fruit Juice
Daily Milk Selection

Chili Cheese Fritos 19
Ham & Cheese Sandwich
Yogurt/Cheese Stick/ Mini Cinnis
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Smile Fries, Veggie Juice
Orange Wedges, Diced Peaches
Daily Milk Selection

Hamburger or Cheeseburger on Roll 20
Lasagna Rollup w/Garlic Toast
Yogurt/Cheese Stick/Mini Cinni

Baked Beans, Celery Sticks
Sour Raisins, Fruit Juice
Daily Milk Selection

*Thanksgiving Lunch 21
Turkey/Gravy/Potato Bowl*
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)
Steamed Corn, Baby Carrots
Apple Slices, Mandarin Cup
Daily Milk Selection

PIZZA 22
Prima's Cheese Pizza Day!
Assorted Lunchables
Yogurt/Cheese Stick/Cinni Swirl
PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Broccoli Salad, Veggie Juice
Banana, Grapes
Daily Milk Selection

25
1/2 Day
No Lunches
Served

26
1/2 Day
No Lunches
Served



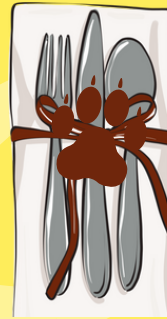
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HAPPY
Thanksgiving



NOVEMBER

Breakfast is free for all students during the 2024-2025 School year!

T H A N K F U L



Kemblesville ELC Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

MONDAY

Banana Muffin
Yogurt

Fruit Juice
Raisin
Daily Milk Selection

TUESDAY

Mini Pancakes
Cheese Stick

Fruit Juice
Sour Raisins
Daily Milk Selection

WEDNESDAY

Trix Cereal Bar
Yogurt

Fruit Juice
Craisins
Daily Milk Selection

THURSDAY

Blueberry Bread

Fruit Juice
Clementine
Daily Milk Selection

FRIDAY

Whole Grain
Glazed Apple
Donut

Fruit Juice
Apple Slices
Daily Milk Selection

Chocolate Muffin
Yogurt

Fruit Juice
Raisin
Daily Milk Selection

Strawberry
Pop Tart
Cheese Stick

Fruit Juice
Sour Raisins
Daily Milk Selection

Oatmeal
Chocolate Chip
Benefit Bar
Yogurt

Fruit Juice
Craisins
Daily Milk Selection

Banana Bread

Fruit Juice
Clementine
Daily Milk Selection

Whole Grain
Glazed Donut

Fruit Juice
Apple Slices
Daily Milk Selection

Students must choose at least 3 Items for a complete breakfast meal and 1 must be $\frac{1}{2}$ cup of fruit or fruit juice.

*Ala Carte Items are charged at \$1.00 each

