Course Overview

Middle School | 5 | FCS - *Last Updated on October 28, 2024*

DESCRIPTION

K-12 Content Area | Mission & Philosophy Statement

- Financially literate consumers are able to effectively manage personal budgets to reach economic stability and long-term financial objectives.
- Healthy adults utilize their knowledge of nutrition, along with meal planning, preparation skills, and food safety practices to make lifestyle decisions that promote long-term well-being for themselves and their families.
- Strong communication and conflict resolution skills are essential for establishing and sustaining positive family and professional connections, leading to personal and professional satisfaction.
- Knowledgeable consumers understand their rights and responsibilities, empowering them to navigate the marketplace in a proficient and ethical manner.

Course Description

Family and Consumer Science students learn through a variety of curriculum-based projects and hands-on experiences. Development of basic skills in nutrient, home safety, food preparation, measurement, consumerism, sewing, operating the sewing machine, care of personal and household goods and basic finance is integral to student learning. Experiences are designed to assist students in achieving the competence and responsibility needed to become contributing community and family members. In addition, the curriculum aids students in developing personal abilities, confidence, and interests.

Family and Consumer Science grade 5 is an introductory course designed to help students develop everyday living skills. Students are taught basic cooking & baking skills such as measuring, reading recipes, understanding modern day household appliances, and vocabulary. Students get comfortable within the kitchen all while learning how to work as a team and complete other tasks such as doing the dishes and independent household tasks that align with cooking. Students are taught the basics of sewing, the parts of the sewing machine, how to operate the sewing machine and how to sew straight and curved lines. Students complete basic living tasks such as doing laundry, folding, cleaning up after themselves, safety and sanitation, how to create a balanced meal, and how to run lemonade stand that teaches them life financial skills.

STANDARDS

Pennsylvania - Grade 3 - Family and Consumer Sciences

11 | 11.1 | 11.1.3.A | 11.1.3.B | 11.1.3.F | 11.1.3.G | 11.2 | 11.2.3.A | 11.2.3.B | 11.2.3.C | 11.2.3.D | 11.2.3.E | 11.2.3.F | 11.2.3.G | 11.2.3.H | 11.3 | 11.3.3.A | 11.3.3.B

11.3.3.C 11.3.3.D 11.3.3.E 11.3.3.F 11.3.3.G

Pennsylvania - Grade 6 - Family and Consumer Sciences

11.1.6.A 11.1.6.B 11.1.6.C 11.1.6.D 11.1.6.F 11.2.6.E 11.3.6.A 11.3.6.B

11.3.6.C 11.3 11.3.6.D 11.3.6.E 11.3.6.F 11.3.6.G

COURSE OBJECTIVES

The objective of the course is to meet the Pennsylvania Academic Standards for Specific objectives for this course and the Eligible Content State Standards for grade 5 Family and Consumer Science.

ASSESSMENT TYPES

Forms of Assessment to Measure Course Objectives:

- Formative Assessments
- Project Based Learning
- Ipsative Assessment
- Diagnostic Assessment

SUGGESTED METHODS OF INSTRUCTION

Below is a list of suggested strategies for high-quality instruction in Family & Consumer Science:

- Instructional components outlined in the *Framework for Teaching* by Charlotte Danielson
- Hands on Learning
- Visual aids
- Video demonstration
- Live demonstration

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RESOURCES

District Approved Program Resources	District Approved Supplemental Resources	District Approved Technology Resources
	Food Supplies from • Sysco • Giant Sewing Supplies from • Hobby Lobby	• Kitchen Appliances x4 ◦ Microwave ◦ Stove/Oven ◦ Sinks ◦ Kitchen Aids • Air Fryers • Dishwasher • Refrigerator/Freezer • Toaster • Aprons • Washer & Dryer • General Kitchen Utensils ◦ Measuring Cups ◦ Liquid Measuring Cups ◦ Measuring Spoons ◦ Forks/Knives/Spoons ◦ Plates/Bowls/Cups ◦ Mixing Bowls ◦ Cookie Trays/Muffin Pans/ Loaf Pans/ Etc. ◦ Pots/Pans ◦ Variety of Utensils • Kitchen Supplies ◦ Sponges/Scrubbers ◦ Soaps • General Everyday Kitchen Supplies • Sewing Machines x12 • Sewing Supplies ◦ Thread ◦ Fabric ◦ Bobbins ◦ Measuring Devices

		◦ Needles ◦ Etc.