Youth Wellness Hub



The *Youth Wellness Hub* is a free, online, anonymous tool to help you navigate resources for a child/youth who has mental or behavioral health concerns.



WHO SHOULD USE IT?

Wisconsin parents, caregivers, or health professionals can use the tool on behalf of a child, adolescent, or young adult 21 years of age or under.

HOW DOES IT WORK?



1. **Complete the Online Questionnaire.**
   All information is kept confidential.

2. **Review the Customized Guide.**
   Once you've completed the questionnaire, you will get a **customized Resource Guide** to help you understand and navigate mental or behavioral health resources. It will have suggested next steps and information to help connect your child/youth with mental or behavioral health resources. We encourage you to download or save a copy of the results.



YW-HUB.ORG

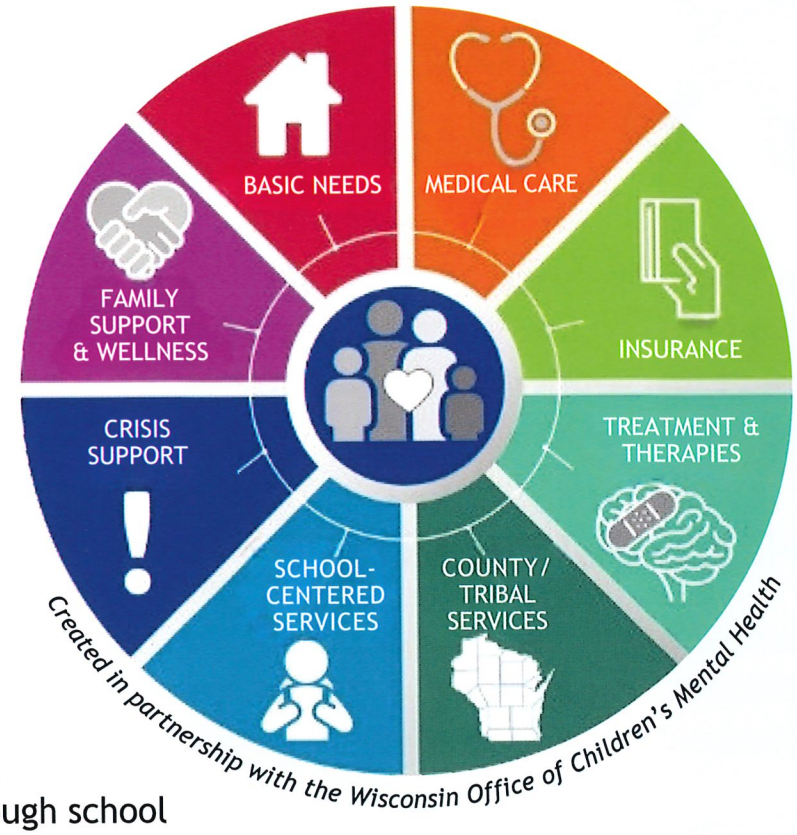
THE GUIDE PROVIDES STEPS TO TAKE FOR:

Medical Care
- Getting an in-network primary care provider

Insurance
- Getting health insurance
- Finding out what mental health services and providers are in-network

Treatment & Therapies
- Getting screening, treatment, and support services

County/Tribal Services
- Getting county/tribal mental health services



School-Centered Services
- Getting supportive services through school

Crisis Support
- Learning what a mental health crisis is and where to get help

Family Support & Wellness
- Finding supportive services for caregivers

Basic Needs
- Finding basic needs and financial help

NEXT STEPS

Want to learn more or need help using the *Hub*?
Contact the Well Badger Resource Center!

Email | help@wellbadger.org

Call | 1-800-642-7837

Text | 608-360-9328

The *Youth Wellness Hub* is an online tool of the Well Badger Resource Center.

WELL BADGER RESOURCE CENTER