

2024

NOVEMBER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

What makes a meal? Students can choose 3-5 components: **Protein, Grain, Vegetable, Fruit, Milk**

Students can choose up to 2 servings of ANY fruits AND 2 servings of vegetables daily as part of a meal. Each day, we offer a variety of fresh and cooked fruits & vegetables for students to choose from. ***Allergen Friendly Meals are available at each school.**

Breakfast & Lunch are **FREE** for **ALL** students! Adult Prices: Breakfast \$2.85/Lunch \$5.00

Meal times: WV @ 8:30am/NV @ 8:15am/RJB & HS @ 7am

1 Donut Holes, Cheese Stick, Fruit & Milk

Chicken Nuggets
Fries
Refreshing Fruit
Milk

4 Pop-Tarts, Cheese Stick, Fruit & Milk

Alfredo Pasta
Breadstick w/ Marinera Cup
Fresh Garden Salad
Refreshing Fruit
Milk

5 Muffin, Cheese Stick, Juice & Milk

Walking Tacos
Fiesta Beans
Refreshing Fruit
Milk

6 Stuffed Maple Waffle, Cheese Stick, Fruit & Milk

Homemade Chicken & Noodles
Mashed Potatoes
Green Beans
Homemade Hot Roll
Refreshing Fruit
Milk

7 Warm Mini Cinnis, Cheese Stick, Juice, Milk

Crispy Tenderloin Sandwich
Sweet Potato Fries
Refreshing Fruit
Milk

8 Donut Holes, Cheese Stick, Fruit & Milk

Pizza
Carrots
Green Beans
Refreshing Fruit
Milk

11 Pop-Tarts, Cheese Stick, Fruit & Milk

Spaghetti w/ Meat Sauce
Broccoli
Refreshing Fruit
Milk

12 Muffin, Cheese Stick, Juice & Milk

Taco Stick
Corn
Refried Beans
Refreshing Fruit
Milk

13 Stuffed Maple Waffle, Cheese Stick, Fruit & Milk

Famous Ole Miss Bowl
Cornbread
Refreshing Fruit
Milk

14 Warm Mini Cinnis, Cheese Stick, Juice & Milk

Chicken & Waffle
Honey Carrots
Refreshing Fruit
Milk

15 Donut Holes, Cheese Stick, Fruit & Milk

Pizza Ripper
Marinera Cup
Fresh Garden Salad
Refreshing Fruit
Milk

18 Pop-Tarts, Cheese Stick, Fruit & Milk

Mac & Cheese Bowl
Broccoli
Refreshing Fruit
Milk

19 Muffin, Cheese Stick, Juice & Milk

Nachos
Fiesta Beans
Refreshing Fruit
Milk

20 Stuffed Maple Waffle, Cheese Stick, Fruit & Milk

Chicken Ramen Bowl
Fortune Cookie
Refreshing Fruit
Milk

21 Warm Mini Cinnis, Cheese Stick, Juice & Milk

Biscuits & Gravy
Sausage Patty
Honey Carrots
Refreshing Fruit
Milk

22 Donut Holes, Cheese Stick, Fruit & Milk

Chicken Nuggets
Fries
Refreshing Fruit
Milk

25 Pop-Tarts, Cheese Stick, Fruit & Milk

Alfredo Pasta
Breadstick w/ Marinera Cup
Fresh Garden Salad
Refreshing Fruit
Milk

26 Muffin, Cheese Stick, Juice & Milk

Walking Tacos
Fiesta Beans
Refreshing Fruit
Milk

27 **Additional Daily Options:**
Grab-n-Go (NV ONLY)

Salad, Spicy Chicken Sandwiches, PB&J & Bosco Sticks (RJB/HS ONLY)
Pizza (HS ONLY)



29 **Northview (NV) Grab-n-Go Daily Menu**

*PB&J Uncrustable, Cheese Stick, Carrots, Sour Berries & Milk

*Muffin, [Fair Menu Here] Carrots, Applesauce & Milk

NEW
*Goldfish, Cheese Stick, Celery, PB Cup, Raisins & Milk