

# NOVEMBER 2024 PREP MENU

All complete meals Free throughout the  
2024-25 school year!  
Lunch Delivered Daily by 11am  
Preorder Breakfast the day before to  
be there in the morning for your student

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**4**  
Popcorn Chicken Bowl,  
w/ mashed potatoes,  
gravy and Corn

**5**  
**No  
School!**

**6**  
Philly Cheese Steak  
sandwich w/ Fries  
JET'S Pizza Day!

**7**  
Pasta w/ Marinara &  
Meatballs  
MICHIGAN BROCCOLI

**8**  
Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**11**  
Crispy Chicken  
Drumstick, Roll  
w/ mashed potatoes

**12**  
Dorito Taco Cheese Bowl  
Served with Black Beans  
and Churros

**13**  
Greek Gyros  
Rice Pilaf  
JET'S Pizza Day!

**14**  
Beef or Cheese Lasagna  
Garlic Breadstick  
MICHIGAN BROCCOLI

**15**  
General Tso Chicken  
w/ WG rice and Stir-  
fried Veggies

**18**  
BBQ Chicken Drumstick  
w/ mashed potatoes  
and Gravy

**19**  
Turkey Barbacoa Tacos  
WG Rice and  
Refried Beans

**20**  
Chicken & Waffle  
w/ Fries  
JET'S Pizza Day!

**21**  
Buffalo Chicken  
Mac & Cheese  
Garlic Breadstick  
MICHIGAN BROCCOLI

**22**  
Chicken Thai Bowl  
Crisp Chicken over WG Rice  
with a Thai Chili Sunbutter  
Sauce

**25**  
Waffles and  
Chicken Sandwich  
w/ Sweet Potato Fries

**26**  
Beef & Cheese Tatchos  
served with Corn and a  
variety of toppings

**27**  
**No  
School!**

**28**  
**HAPPY  
THANKSGIVING!** 

**29**  
**No  
School!**

Bloomfield Hills Schools is providing  
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade  
again this school year! Ala carte will be offered at an extra cost in most locations  
**ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND  
CHOICE OF FRUITS AND VEGGIES ON THE SALAD BAR**

248.341.5671  
aramark 



## DAILY LUNCH OPTIONS!

**MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA**  
**TUESDAY - CHICKEN PATTY SANDWICH**  
**WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER**  
**THURSDAY - CHICKEN TENDERS**  
**FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA**  
**ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND 1% WHITE OR CHOCOLATE MILK**

### Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

### Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

### Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions

### Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with marinara sauce or meat sauce served with Broccoli and garlic breadstick

### General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

### BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes, Chicken Gravy and Green Beans

### Turkey Barbacoa Tacos

Seasoned ground turkey served on Flour Tortillas

Served with Pico Corn salad and Refried Beans

### Chicken and Waffles

Crispy White meat breaded Chicken Strips  
Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Fries

### Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

### Chicken Thai Rice Bowl

Crispy Chicken over WG Rice  
Tossed in a Thai Sun Butter Sauce



### EGGOJI Waffle and Chicken Sandwich

All White meat Chicken Patty between 2 crispy animated WG Waffles

### Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots  
Served with refried beans and Toppings

### Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

### Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

### Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

### Loaded Popcorn Chicken Tot Bowl

Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over Crispy Tater Tots

### Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings  
Served with refried beans

### Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce! Choose from Cheese, Pepperoni or Veggie!

## FREE BREAKFAST preorder required

Assorted Breakfasts available daily including choice of Fresh Bagels, Pop Tarts, Breakfast Breads or WG Donuts  
All breakfasts include a 1/2 cup of Michigan fruit, 100% Fruit juice and a 1% white or chocolate milk

### FRUITS AND VEGGIES!

Offered Daily  
Includes Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples and full Salad Bar!



Gluten Free option available per medical request-preorder required



Vegetarian and Dairy Free options available - preorder required

248.341.5671



**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**