

# NOVEMBER 2024

## BOWERS ACADEMY MENU

Lunch Delivered Daily at 11:45am  
Preorder Breakfast Delivered ready  
when students Arrive to School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**  
Popcorn Chicken Bowl,  
w/ mashed potatoes,  
gravy and Corn

**5**  
**No  
School!**

**6**  
Philly Cheese Steak  
sandwich w/ Fries  
JET'S Pizza Day!

**7**  
Pasta w/ Marinara &  
Meatballs  
MICHIGAN BROCCOLI

**8**  
Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**11**  
Crispy Chicken  
Drumstick, Roll  
w/ mashed potatoes

**12**  
Dorito Taco Cheese Bowl  
Served with Black Beans  
and Churros

**13**  
Greek Gyros  
Rice Pilaf  
JET'S Pizza Day!

**14**  
Beef or Cheese Lasagna  
Garlic Breadstick  
MICHIGAN BROCCOLI

**15**  
General Tso Chicken  
w/ WG rice and Stir-  
fried Veggies

**18**  
BBQ Chicken Drumstick  
w/ mashed potatoes  
and Gravy

**19**  
Turkey Barbacoa Tacos  
WG Rice and  
Refried Beans

**20**  
Chicken & Waffle  
w/ Fries  
JET'S Pizza Day!

**21**  
Buffalo Chicken  
Mac & Cheese  
Garlic Breadstick  
MICHIGAN BROCCOLI

**22**  
Chicken Thai Bowl  
Crisp Chicken over WG Rice  
with a Thai Chili Sunbutter  
Sauce

**25**  
Waffles and  
Chicken Sandwich  
w/ Sweet Potato Fries

**26**  
Beef & Cheese Tatchos  
served with Corn and a  
variety of toppings

**27**  
**No  
School!**

**28**  
**HAPPY  
THANKSGIVING!** 


**29**  
**No  
School!**

Bloomfield Hills Schools is providing  
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade  
again this school year! Ala carte will be offered at an extra cost in most locations

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

248.341.5671  
aramark 

## DAILY LUNCH OPTIONS!

### CHICKEN PATTY SANDWICH - SPICY AND REGULAR CHICKEN TENDERS

**GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA  
VARIETY OF ENTREE SALADS AND  
GRAB AND GO SUBS AND WRAPS**

#### Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

#### Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

#### Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions

#### Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with marinara sauce or meat sauce served with Broccoli and garlic breadstick

#### General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

#### BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes, Chicken Gravy and Green Beans

#### Turkey Barbacoa Tacos

Seasoned ground turkey served on Flour Tortillas

Served with Pico Corn salad and Refried Beans

#### Chicken and Waffles

Crispy White meat breaded Chicken Strips  
Served with Sweet Belgium Waffles,  
Syrup Cup and optional Sweet Potato Fries

#### Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

#### Chicken Thai Rice Bowl

Crispy Chicken over WG Rice  
Tossed in a Thai Sun Butter Sauce

#### EGGOJI Waffle and Chicken Sandwich

All White meat Chicken Patty between 2 crispy animated WG Waffles

#### Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots  
Served with refried beans and Toppings

#### Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

#### Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

#### Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

#### Loaded Popcorn Chicken Tot Bowl

Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over Crispy Tater Tots

#### Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings  
Served with refried beans

#### Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce! Choose from Cheese, Pepperoni or Veggie!

**scan code  
to  
preorder  
deli  
sandwich**



**SCAN ME**

**FREE BREAKFAST  
Preordered the Day  
Before**

**Choose from  
Yogurt Parfait  
Bagels, Muffins  
Cereal Bars, Cereal  
All Breakfasts include up  
to a full cup of fruit  
and/or 100% Fruit Juice  
and  
1% white or chocolate  
milk**

**FRUITS AND VEGGIES!**

**Offered Daily**

**Includes Michigan Produce such  
as Blueberries, Lettuce, Carrots,  
Legumes and Apples and Fresh  
Green Side Salad**

**Gluten Free**



**option available per  
medical request-  
preorder required**



**Vegetarian and  
Dairy Free options  
available - preorder  
required**

**248.341.5671**

**aramark**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**