

SJUSD Elementary Lunch - November 2024

Lunch Entrée	Protein Source	Allergens
Bean & Cheese Burrito	Beans, Dairy	Wheat, Milk, Soy
Bean & Cheese Nachos	Beans, Dairy	Milk
Beef Hot Dog	Beef	Wheat (bun)
Beef Rib B' Que	Beef	Wheat, Milk, Soy
Breakfast 4 Lunch-French Tst & Turkey Patty	Turkey	Wheat, Soy
Cheese & Green Chile Tamale	Dairy	Milk
Cheesy Southwest Pull-Apart	Dairy	Wheat, Milk, Soy
Chicken Burger	Chicken	Wheat, Soy
Chicken Tenders	Chicken	Wheat, Soy
Chimi Nada	Bean, Dairy	Wheat, Milk, Soy
Corn Dog - Chicken	Chicken	Wheat, Egg, Milk, Soy
Enchirito (Bean & Cheese)	Beans, Dairy	Wheat, Milk, Soy
Grilled Cheese Sandwich	Dairy	Wheat, Milk, Soy
Italian Dunkers	Dairy	Wheat, Milk, Soy, Egg
Italian Pull-Apart	Dairy	Wheat, Milk, Soy
Nachos	Turkey, Beans, Dairy	Milk
Pizza-Galaxy Cheese	Dairy	Wheat, Milk, Soy
Pizza-Galaxy Pepperoni	Turkey, Dairy	Wheat, Milk, Soy
Popcorn Chicken Mashed Potato Bowl	Chicken	Wheat, Milk, Soy
Salad-Beef Taco	Beef, Dairy	Milk, Soy
Salad-Southwest Veggie	Beans, Dairy	Milk
Spicy Chicken Tenders	Chicken	Wheat, Soy
Sweet & Sour Chicken w/ Rice	Chicken	Wheat, Soy
Sweet & Sour Veggie Nuggets w/ Rice	Soy	Wheat, Soy
Turkey Hot Dog	Turkey	Wheat
Veggie Burger-Grillers Prime	Soy, Egg White	Wheat, Milk, Soy, Egg
Veggie Nuggets	Soy	Wheat, Soy
Yogurt, Giant Cinnamon Goldfish, String Cheese	Dairy	Wheat, Milk