

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Connections Breakfast Friday - ServingDate: 11/01/2024																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/06/2024																			
Blueberry Mini Pancakes - TR1257 (1 pkg.)	34	210.00	6.00	1.00	0.00	10.00	310.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	33	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	33	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/07/2024																			
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	33	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	33	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Connections Breakfast Friday - ServingDate: 11/01/2024	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/06/2024	
Blueberry Mini Pancakes - TR1257 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/07/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/07/2024																			
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	33	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Friday - ServingDate: 11/08/2024																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Monday - ServingDate: 11/11/2024																			
Cinnamon Mini Waffle - TR1616 (1 pkg.)	50	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	50	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/07/2024	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Friday - ServingDate: 11/08/2024	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Monday - ServingDate: 11/11/2024	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 Fall Connections Breakfast Monday - ServingDate: 11/11/2024																				
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2024 Fall Connections Breakfast Tuesday - ServingDate: 11/12/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	100	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/13/2024																				
Blueberry Mini Pancakes - TR1257 (1 pkg.)	34	210.00	6.00	1.00	0.00	10.00	310.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	33	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	33	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	100	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Connections Breakfast Monday - ServingDate: 11/11/2024	
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Tuesday - ServingDate: 11/12/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/13/2024	
Blueberry Mini Pancakes - TR1257 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/14/2024																			
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	33	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	33	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	33	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Friday - ServingDate: 11/15/2024																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Monday - ServingDate: 11/18/2024																			
Cinnamon Mini Waffle - TR1616 (1 pkg.)	50	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	50	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/14/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Friday - ServingDate: 11/15/2024	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Monday - ServingDate: 11/18/2024	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Connections Breakfast Monday - ServingDate: 11/18/2024																			
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Tuesday - ServingDate: 11/19/2024																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	100	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/20/2024																			
Blueberry Mini Pancakes - TR1257 (1 pkg.)	34	210.00	6.00	1.00	0.00	10.00	310.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	33	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	33	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Connections Breakfast Monday - ServingDate: 11/18/2024	
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Tuesday - ServingDate: 11/19/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/20/2024	
Blueberry Mini Pancakes - TR1257 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/20/2024																			
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/21/2024																			
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	33	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	33	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	33	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Connections Breakfast Friday - ServingDate: 11/22/2024																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Connections Breakfast Wednesday - ServingDate: 11/20/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Thursday - ServingDate: 11/21/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Connections Breakfast Friday - ServingDate: 11/22/2024	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
Date: 11/01/2024 - 11/30/2024

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast
Site Group: Elementary Regular
Menu Line: Connections Breakfast
Serving Group: K-12
Nutrients Option: All