

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Friday Donut - archived on Oct 10 2024 12:19PM - ServingDate: 11/01/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	25	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

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Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - archived on Oct 10 2024 12:19PM - ServingDate: 11/01/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

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Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Friday Donut - archived on Oct 10 2024 12:19PM - ServingDate: 11/01/2024</b>																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/06/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	40	169.00	8.00	3.00	0.00	50.00	311.00	14.00	1.00	1.00	1.00	9.00	0.90	120.00	0.00	0.00	0.00	80.84	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	

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Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - archived on Oct 10 2024 12:19PM - ServingDate: 11/01/2024</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/06/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)

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 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/06/2024</b>																				
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

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Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/06/2024</b>	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/07/2024</b>																				
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	30	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	0	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	0	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday TAcO - ServingDate: 11/07/2024</b>	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/07/2024</b>																			
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/08/2024</b>																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday TAcO - ServingDate: 11/07/2024</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/08/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/08/2024</b>																				
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/11/2024</b>																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	40	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/08/2024</b>	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/11/2024</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/11/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/11/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/11/2024</b>																				
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/12/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	30	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/11/2024</b>	
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/12/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/12/2024</b>																				
Banana - TR1056 (1 ea.)	15	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese American sliced - TR1209 (1 ea.)	0	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/13/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/12/2024</b>	
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/13/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/13/2024</b>																				
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	40	169.00	8.00	3.00	0.00	50.00	311.00	14.00	1.00	1.00	1.00	9.00	0.90	120.00	0.00	0.00	0.00	80.84	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/13/2024</b>	
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/13/2024</b>																				
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/14/2024</b>																				
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	30	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	0	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	0	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/13/2024</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday TAco - ServingDate: 11/14/2024</b>	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/14/2024</b>																				
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/14/2024</b>	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/15/2024</b>																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/15/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/15/2024</b>																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/18/2024</b>																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	40	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/15/2024</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/18/2024</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/18/2024</b>																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/19/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Monday Kolache - ServingDate: 11/18/2024</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/19/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/19/2024</b>																				
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	30	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	15	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese American sliced - TR1209 (1 ea.)	0	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/19/2024</b>	
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/19/2024</b>																				
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/20/2024</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	40	169.00	8.00	3.00	0.00	50.00	311.00	14.00	1.00	1.00	1.00	9.00	0.90	120.00	0.00	0.00	0.00	80.84	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/19/2024</b>	
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/20/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/20/2024</b>																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Wednesday Flatbread - ServingDate: 11/20/2024</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/21/2024</b>																			
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	30	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	0	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday TAcO - ServingDate: 11/21/2024</b>	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday Taco - ServingDate: 11/21/2024</b>																			
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/22/2024</b>																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast HS STAR Thursday TAcO - ServingDate: 11/21/2024</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/22/2024</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/22/2024</b>																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

**Legend**  
(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/22/2024</b>	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: TOMBALL STAR ACADEMY  
Date: 11/01/2024 - 11/30/2024

**Report Selections**

Meal Type: Breakfast  
Site Group: High School  
Menu Line: STAR Academy Line  
Serving Group: 9-12  
Nutrients Option: All