

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Breakfast JH Friday - archived on Oct 10 2024 11:53AM - ServingDate: 11/01/2024																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	246.67	7.00	1.50	0.00	0.00	180.00	41.33	2.00	20.33	(M)	5.00	1.44	40.00	0.00	2.40	(M)	(M)	(M)
Glazed Donut - TR1044 (1 ea.)	25	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	70	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/06/2024																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00

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Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Friday - archived on Oct 10 2024 11:53AM - ServingDate: 11/01/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/06/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Wednesday - ServingDate: 11/06/2024																				
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	30	169.00	8.00	3.00	0.00	50.00	311.00	14.00	1.00	1.00	1.00	9.00	0.90	120.00	0.00	0.00	0.00	80.84	0.00	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	40	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	40	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

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Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/06/2024	
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	0.00
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Breakfast JH Thursday - ServingDate: 11/07/2024																			
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	30	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	70	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Thursday - ServingDate: 11/07/2024	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)

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2024 FALL Breakfast JH Thursday - ServingDate: 11/07/2024																				
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Friday - ServingDate: 11/08/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	246.67	7.00	1.50	0.00	0.00	180.00	41.33	2.00	20.33	(M)	5.00	1.44	40.00	0.00	2.40	(M)	(M)	(M)	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	70	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Thursday - ServingDate: 11/07/2024	
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Friday - ServingDate: 11/08/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Breakfast JH Friday - ServingDate: 11/08/2024																			
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 FALL Breakfast JH Monday - ServingDate: 11/11/2024																			
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	30	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	70	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Friday - ServingDate: 11/08/2024	
White Milk - TR1035 (1 c.)	(M)
2024 FALL Breakfast JH Monday - ServingDate: 11/11/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Monday - ServingDate: 11/11/2024																				
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	0	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Tuesday - ServingDate: 11/12/2024																				
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Breakfast Chicken Patty - TR2008 (1 ea.)	35	154.74	8.33	1.79	0.00	41.66	285.68	9.52	1.19	0.00	0.00	11.90	1.19	13.09	51.18	55.95	0.01	214.26	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
100% Apple Juice - TR1991 (1 ea.)	70	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Monday - ServingDate: 11/11/2024	
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Tuesday - ServingDate: 11/12/2024	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Breakfast Chicken Patty - TR2008 (1 ea.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Tuesday - ServingDate: 11/12/2024																				
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Wednesday - ServingDate: 11/13/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	30	169.00	8.00	3.00	0.00	50.00	311.00	14.00	1.00	1.00	1.00	9.00	0.90	120.00	0.00	0.00	0.00	80.84	0.00	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	40	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Tuesday - ServingDate: 11/12/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/13/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	0.00
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Wednesday - ServingDate: 11/13/2024																				
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	40	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Thursday - ServingDate: 11/14/2024																				
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	30	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/13/2024	
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Thursday - ServingDate: 11/14/2024	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Thursday - ServingDate: 11/14/2024																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
100% Apple Juice - TR1991 (1 ea.)	70	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Friday - ServingDate: 11/15/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	246.67	7.00	1.50	0.00	0.00	180.00	41.33	2.00	20.33	(M)	5.00	1.44	40.00	0.00	2.40	(M)	(M)	(M)	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Thursday - ServingDate: 11/14/2024	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Friday - ServingDate: 11/15/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Breakfast JH Friday - ServingDate: 11/15/2024																			
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	70	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 FALL Breakfast JH Monday - ServingDate: 11/18/2024																			
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	30	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Friday - ServingDate: 11/15/2024	
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 FALL Breakfast JH Monday - ServingDate: 11/18/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
2024 FALL Breakfast JH Monday - ServingDate: 11/18/2024																				
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	70	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	0	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Tuesday - ServingDate: 11/19/2024																				
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Monday - ServingDate: 11/18/2024	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Tuesday - ServingDate: 11/19/2024	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Tuesday - ServingDate: 11/19/2024																				
Breakfast Chicken Patty - TR2008 (1 ea.)	35	154.74	8.33	1.79	0.00	41.66	285.68	9.52	1.19	0.00	0.00	11.90	1.19	13.09	51.18	55.95	0.01	214.26	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
100% Apple Juice - TR1991 (1 ea.)	70	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Wednesday - ServingDate: 11/20/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Tuesday - ServingDate: 11/19/2024	
Breakfast Chicken Patty - TR2008 (1 ea.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/20/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Wednesday - ServingDate: 11/20/2024																				
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	30	169.00	8.00	3.00	0.00	50.00	311.00	14.00	1.00	1.00	1.00	9.00	0.90	120.00	0.00	0.00	0.00	80.84	0.00	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	40	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	40	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2024 FALL Breakfast JH Thursday - ServingDate: 11/21/2024																				
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	30	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Wednesday - ServingDate: 11/20/2024	
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Sausage Bacon & Cheese Breakfast Flatbread Pizza - TR2001 (1 ea.)	0.00
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2024 FALL Breakfast JH Thursday - ServingDate: 11/21/2024	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 FALL Breakfast JH Thursday - ServingDate: 11/21/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
100% Apple Juice - TR1991 (1 ea.)	70	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Thursday - ServingDate: 11/21/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Breakfast JH Friday - ServingDate: 11/22/2024																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	246.67	7.00	1.50	0.00	0.00	180.00	41.33	2.00	20.33	(M)	5.00	1.44	40.00	0.00	2.40	(M)	(M)	(M)
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	70	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 FALL Breakfast JH Friday - ServingDate: 11/22/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Report Selections

Meal Type: Breakfast
Site Group: Junior High
Menu Line: Main Line
Serving Group: 6-8
Nutrients Option: All