

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/01/2024																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	50	75.50	3.50	0.50	0.00	5.00	385.00	10.00	1.00	3.75	(M)	1.25	0.35	21.50	283.50	40.50	(M)	(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	50	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/06/2024																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	(M)	15.60	2.16	48.00	120.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/01/2024	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/06/2024	
Chicken Nuggets - TR1082 (6 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/06/2024																				
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)	
100% Juice - TR1402 (1/2 c.)	50	40.00	0.00	0.00	0.00	0.00	10.00	10.00	0.00	9.00	(M)	0.00	0.00	0.00	500.00	60.00	(M)	(M)	0.00	
Fuji Apple - TR1052 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
PEACHES DICED CUP 72/4.5OZ - TR1541 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00	
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/07/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00	
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	50	100.58	1.50	0.00	0.00	0.00	235.27	16.94	5.65	2.47	0.00(M)	3.00	1.67	36.46	7818.93	1.98	0.00(M)	8.93(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Strawberry Banana Applesauce Cup - TR1495 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	14.00	3.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

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Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/06/2024	
Celery Sticks & Ranch - TR2006 (1 c.)	(M)
100% Juice - TR1402 (1/2 c.)	0.00
Fuji Apple - TR1052 (1 ea.)	(M)
PEACHES DICED CUP 72/4.5OZ - TR1541 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/07/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Strawberry Banana Applesauce Cup - TR1495 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/08/2024																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	50	75.50	3.50	0.50	0.00	5.00	385.00	10.00	1.00	3.75	(M)	1.25	0.35	21.50	283.50	40.50	(M)	(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	50	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 Fall Lunch Connect 9-12 Monday - ServingDate: 11/11/2024																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/08/2024	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 Fall Lunch Connect 9-12 Monday - ServingDate: 11/11/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)

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2024 Fall Lunch Connect 9-12 Monday - ServingDate: 11/11/2024																				
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mixed Fruit Cup - TR1757 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	0.00	19.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2024 Fall Lunch Connect 9-12 Tuesday - ServingDate: 11/12/2024																				
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	48	335.00	15.00	5.50	0.50	50.00	625.00	30.00	2.00	5.00	4.00(M)	24.00	2.08	316.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	50	100.58	1.50	0.00	0.00	0.00	235.27	16.94	5.65	2.47	0.00(M)	3.00	1.67	36.46	7818.93	1.98	0.00(M)	8.93(M)	0.00(M)	
Banana - TR1056 (1 ea.)	50	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Monday - ServingDate: 11/11/2024	
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Mixed Fruit Cup - TR1757 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Lunch Connect 9-12 Tuesday - ServingDate: 11/12/2024	
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/13/2024																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	(M)	15.60	2.16	48.00	120.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)
100% Juice - TR1402 (1/2 c.)	50	40.00	0.00	0.00	0.00	0.00	10.00	10.00	0.00	9.00	(M)	0.00	0.00	0.00	500.00	60.00	(M)	(M)	0.00
Fuji Apple - TR1052 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
PEACHES DICED CUP 72/4.5OZ - TR1541 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/14/2024																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	50	100.58	1.50	0.00	0.00	0.00	235.27	16.94	5.65	2.47	0.00(M)	3.00	1.67	36.46	7818.93	1.98	0.00(M)	8.93(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/13/2024	
Chicken Nuggets - TR1082 (6 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	(M)
100% Juice - TR1402 (1/2 c.)	0.00
Fuji Apple - TR1052 (1 ea.)	(M)
PEACHES DICED CUP 72/4.5OZ - TR1541 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/14/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/14/2024																			
Strawberry Banana Applesauce Cup - TR1495 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	14.00	3.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/15/2024																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	50	75.50	3.50	0.50	0.00	5.00	385.00	10.00	1.00	3.75	(M)	1.25	0.35	21.50	283.50	40.50	(M)	(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	50	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/14/2024	
Strawberry Banana Applesauce Cup - TR1495 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/15/2024	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 Fall Lunch Connect 9-12 Monday - ServingDate: 11/18/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)	
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mixed Fruit Cup - TR1757 (1 ea.)	50	80.00	0.00	0.00	0.00	0.00	0.00	19.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2024 Fall Lunch Connect 9-12 Tuesday - ServingDate: 11/19/2024																				
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	48	335.00	15.00	5.50	0.50	50.00	625.00	30.00	2.00	5.00	4.00(M)	24.00	2.08	316.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	50	100.58	1.50	0.00	0.00	0.00	235.27	16.94	5.65	2.47	0.00(M)	3.00	1.67	36.46	7818.93	1.98	0.00(M)	8.93(M)	0.00(M)	
Banana - TR1056 (1 ea.)	50	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Monday - ServingDate: 11/18/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Mixed Fruit Cup - TR1757 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Lunch Connect 9-12 Tuesday - ServingDate: 11/19/2024	
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch Connect 9-12 Tuesday - ServingDate: 11/19/2024																			
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/20/2024																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	(M)	15.60	2.16	48.00	120.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)
100% Juice - TR1402 (1/2 c.)	50	40.00	0.00	0.00	0.00	0.00	10.00	10.00	0.00	9.00	(M)	0.00	0.00	0.00	500.00	60.00	(M)	(M)	0.00
Fuji Apple - TR1052 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
PEACHES DICED CUP 72/4.5OZ - TR1541 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Tuesday - ServingDate: 11/19/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 Fall Lunch Connect 9-12 Wednesday - ServingDate: 11/20/2024	
Chicken Nuggets - TR1082 (6 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	(M)
100% Juice - TR1402 (1/2 c.)	0.00
Fuji Apple - TR1052 (1 ea.)	(M)
PEACHES DICED CUP 72/4.5OZ - TR1541 (1 ea.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/21/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00	
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	50	100.58	1.50	0.00	0.00	0.00	235.27	16.94	5.65	2.47	0.00(M)	3.00	1.67	36.46	7818.93	1.98	0.00(M)	8.93(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Strawberry Banana Applesauce Cup - TR1495 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	14.00	3.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/22/2024																				
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	50	75.50	3.50	0.50	0.00	5.00	385.00	10.00	1.00	3.75	(M)	1.25	0.35	21.50	283.50	40.50	(M)	(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	50	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Granny Smith Apple - TR1054 (1 ea.)	50	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Thursday - ServingDate: 11/21/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Hummus Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Strawberry Banana Applesauce Cup - TR1495 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/22/2024	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/22/2024																				
Chocolate Milk - TR1033 (1 c.)	25	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Elementary Regular
 Menu Line: Connections 9-12
 Serving Group: 9-12
 Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2024

Site: Tomball Early Excellence Academy
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch Connect 9-12 Friday - ServingDate: 11/22/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)