

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast Intermed Friday - archived on Oct 10 2024 11:11AM - ServingDate: 11/01/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Chocolate Glazed Donut - TR1045 (1 ea.)	25	305.95	16.50	7.20	0.00	0.00	302.99	35.39	2.80	12.19	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut - TR1044 (1 ea.)	25	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/06/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Friday - archived on Oct 10 2024 11:11AM - ServingDate: 11/01/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/06/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/06/2024</b>																			
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	50	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Banana - TR1056 (1 ea.)	25	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/07/2024</b>																			
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	50	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00

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Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/06/2024</b>	
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/07/2024</b>	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/07/2024</b>																			
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/08/2024</b>																			
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	25	305.95	16.50	7.20	0.00	0.00	302.99	35.39	2.80	12.19	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/07/2024</b>	
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/08/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	(M)

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Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/08/2024</b>																			
Glazed Donut - TR1044 (1 ea.)	25	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/11/2024</b>																			
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	45	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/08/2024</b>	
Glazed Donut - TR1044 (1 ea.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/11/2024</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/11/2024</b>																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/12/2024</b>																				
Whole Grain Biscuit - TR1006 (1 ea.)	50	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Turkey Sausage - TR1283 (1 ea.)	50	58.54	3.90	0.98	0.00	29.27	78.05	0.00	0.00	0.00	(M)	5.85	0.70	19.51	0.00	0.00	(M)	(M)	(M)	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/11/2024</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/12/2024</b>	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Turkey Sausage - TR1283 (1 ea.)	(M)
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/12/2024</b>																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/13/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	50	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/12/2024</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/13/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/13/2024</b>																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Banana - TR1056 (1 ea.)	25	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/14/2024</b>																			
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	50	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/13/2024</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/14/2024</b>	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/14/2024</b>																				
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/15/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Chocolate Glazed Donut - TR1045 (1 ea.)	25	305.95	16.50	7.20	0.00	0.00	302.99	35.39	2.80	12.19	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut - TR1044 (1 ea.)	25	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/14/2024</b>	
Diced Peach Cup - TR1759 (1 ea.)	0.00
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/15/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/15/2024</b>																			
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/18/2024</b>																			
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	45	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/15/2024</b>	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/18/2024</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/18/2024</b>																				
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/19/2024</b>																				
Whole Grain Biscuit - TR1006 (1 ea.)	50	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Turkey Sausage - TR1283 (1 ea.)	50	58.54	3.90	0.98	0.00	29.27	78.05	0.00	0.00	0.00	(M)	5.85	0.70	19.51	0.00	0.00	(M)	(M)	(M)	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Monday - ServingDate: 11/18/2024</b>	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/19/2024</b>	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Turkey Sausage - TR1283 (1 ea.)	(M)
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/19/2024</b>																			
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/20/2024</b>																			
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	50	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Banana - TR1056 (1 ea.)	25	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>Copy of 2024 FALL Breakfast Intermed Tuesday - ServingDate: 11/19/2024</b>	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/20/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/20/2024</b>																			
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/21/2024</b>																			
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	50	180.01	9.00	3.00	0.00	25.00	430.03	17.00	3.00	1.00	0.00	10.00	1.08	40.00	0.00	0.00	0.00	276.85	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Wednesday - ServingDate: 11/20/2024</b>	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/21/2024</b>	
Sausage & Potato Crispy Taco - TR1999 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/21/2024</b>																			
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/22/2024</b>																			
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	25	305.95	16.50	7.20	0.00	0.00	302.99	35.39	2.80	12.19	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut - TR1044 (1 ea.)	25	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	10	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	25	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Thursday - ServingDate: 11/21/2024</b>	
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/22/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/22/2024</b>																			
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Breakfast  
Site Group: Intermediate  
Menu Line: Main Line  
Serving Group: K-8  
Nutrients Option: All

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Intermed Friday - ServingDate: 11/22/2024</b>	
Syrup Dip Cup - TR1058 (1 ea.)	(M)