

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/01/2024</b>																				
Cheerios - TR1365 (1 bowl)	100	111.38	1.01	0.00	0.00	0.00	106.31	23.29	2.02	6.08	6.08	2.02	16.40	81.00	506.25	4.86	1.22	95.17	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/06/2024</b>																				
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	100	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00	
Banana - TR1056 (1 ea.)	100	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast Pre-K Thursday - ServingDate: 11/07/2024</b>																				
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/01/2024</b>	
Cheerios - TR1365 (1 bowl)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/06/2024</b>	
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
<b>2024 FALL Breakfast Pre-K Thursday - ServingDate: 11/07/2024</b>	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/08/2024</b>																			
Cheerios - TR1365 (1 bowl)	100	111.38	1.01	0.00	0.00	0.00	106.31	23.29	2.02	6.08	6.08	2.02	16.40	81.00	506.25	4.86	1.22	95.17	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
<b>2024 FALL Breakfast Pre-K Monday pan - ServingDate: 11/11/2024</b>																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Pre-K Tuesday - ServingDate: 11/12/2024</b>																			
Cheerios - TR1365 (1 bowl)	100	111.38	1.01	0.00	0.00	0.00	106.31	23.29	2.02	6.08	6.08	2.02	16.40	81.00	506.25	4.86	1.22	95.17	0.00
100% Apple Juice - TR1991 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/13/2024</b>																			
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	100	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/08/2024</b>	
Cheerios - TR1365 (1 bowl)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
<b>2024 FALL Breakfast Pre-K Monday pan - ServingDate: 11/11/2024</b>	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Pre-K Tuesday - ServingDate: 11/12/2024</b>	
Cheerios - TR1365 (1 bowl)	0.00
100% Apple Juice - TR1991 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/13/2024</b>	
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/13/2024</b>																				
Banana - TR1056 (1 ea.)	100	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast Pre-K Thursday - ServingDate: 11/14/2024</b>																				
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/15/2024</b>																				
Cheerios - TR1365 (1 bowl)	100	111.38	1.01	0.00	0.00	0.00	106.31	23.29	2.02	6.08	6.08	2.02	16.40	81.00	506.25	4.86	1.22	95.17	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/13/2024</b>	
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
<b>2024 FALL Breakfast Pre-K Thursday - ServingDate: 11/14/2024</b>	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/15/2024</b>	
Cheerios - TR1365 (1 bowl)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Pre-K Monday pan - ServingDate: 11/18/2024</b>																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Pre-K Tuesday - ServingDate: 11/19/2024</b>																			
Cheerios - TR1365 (1 bowl)	100	111.38	1.01	0.00	0.00	0.00	106.31	23.29	2.02	6.08	6.08	2.02	16.40	81.00	506.25	4.86	1.22	95.17	0.00
100% Apple Juice - TR1991 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/20/2024</b>																			
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	100	230.00	11.00	4.00	0.00	70.00	449.99	24.00	3.00	2.00	1.00	8.00	1.44	80.00	0.00	0.00	0.80	140.06	0.00
Banana - TR1056 (1 ea.)	100	150.89	0.56	0.00	0.00	0.00	1.44	38.80	4.31	20.84	0.00	1.87	0.45	8.62	109.21	14.37	0.00	606.42	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Pre-K Monday pan - ServingDate: 11/18/2024</b>	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Pre-K Tuesday - ServingDate: 11/19/2024</b>	
Cheerios - TR1365 (1 bowl)	0.00
100% Apple Juice - TR1991 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
<b>2024 FALL Breakfast Pre-K Wednesday - ServingDate: 11/20/2024</b>	
Egg & Cheese Stuffed Hashbrown - TR2000 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast Pre-K Thursday - ServingDate: 11/21/2024</b>																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	25	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/22/2024</b>																			
Cheerios - TR1365 (1 bowl)	100	111.38	1.01	0.00	0.00	0.00	106.31	23.29	2.02	6.08	6.08	2.02	16.40	81.00	506.25	4.86	1.22	95.17	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Breakfast  
Site Group: Elementary Regular  
Menu Line: PreK - NOT OFFER VS SERVE  
Serving Group: Ages 3-5  
Nutrients Option: All

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast Pre-K Thursday - ServingDate: 11/21/2024</b>	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast Pre-K Friday - ServingDate: 11/22/2024</b>	
Cheerios - TR1365 (1 bowl)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)