

# NOVEMBER 2024

## BREAKFAST



\*Menu subject to substitution.  
\*Milk served with all meals.  
\*This institution is an equal opportunity provider.



**November 25 is National Parfait Day!** Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



4  
**NO SCHOOL**

5  
Muffin  
Cheese Stick  
Fruit  
Juice

6  
French Toast Sticks  
Sausage  
Fruit  
Juice

7  
Cereal Bar  
Yogurt  
Fruit  
Juice

8  
Biscuit & Gravy  
Fruit  
Juice

11  
Powdered Donuts  
Fruit  
Juice

12  
Breakfast Pizza  
Fruit  
Juice

13  
Pancake Stick  
Tri Tator  
Fruit  
Juice

14  
Bagel w/ cream cheese  
Cheese Stick  
Fruit  
Juice

15  
Biscuit  
Sausage Patty  
Fruit  
Juice

18  
Breakfast Burrito  
Fruit  
Juice

19  
Waffles  
Sausage  
Fruit  
Juice

20  
Cinnamon Roll  
Egg Bites  
Fruit  
Juice

21  
Muffin  
Cheese Stick  
Fruit  
Juice

22  
Biscuit & Gravy  
Fruit  
Juice

25  
**NO SCHOOL**

26  
**NO SCHOOL**

27  
**NO SCHOOL**

28  
**NO SCHOOL**

29  
**NO SCHOOL**