

# Wellness Committee Meeting Minutes

## \* Agenda

- **Icebreaker:** What did you do over MEA?
- **What's going on in Nutrition Services?**
- **Food Waste: Pilot Program**

## \* Attendees

Melanie Garms, Bobbie Jo Grummons, Erica Pawletzki, Kristine Schaefer, Kari Schmitz

## \* Updates

- Wellness Policy adjustments approved - Bobbie Jo
- Record setting numbers - Bobbie Jo
- Staffing - Bobbie Jo
- Wellness Wednesday - Erica
- Literacy - Food is Fun - Erica

## \* Action Items

- Look into ideas of how we can get an 'active' challenge throughout the district
- Plan a district 5k?
- Do more samplings or practice menu building?

## \* Final Announcements