

Oriskany Jr./Sr. High School

Newsletter

www.oriskanycsd.org

Volume 8

1st Issue



Principal's Message	1
October Happenings	2-3
Counseling & Career Services Info	4-6
SAT/ACT	7
Student Spotlight	8-9
What's Happening...	10-15
News From The Nurses Office	16-17
October Is...	18



Dear Students, Parents, and Families,

Welcome back to another exciting school year! We are officially one month into the 2024-2025 school year. It has been a fantastic 19 days here at the Jr./Sr. High. I trust that everyone had a rejuvenating summer, and now we are ready to embark on another successful year of learning and growth.

Our focus this year continues to be on providing a safe, supportive, and academically challenging environment where all students can thrive. Whether it's in the classroom, on the sports field, in the arts, or through extracurricular activities, we are committed to helping each student explore their passions and reach their fullest potential.

Plans are in the works for Oriskany's first Homecoming week as Skyhawks! Homecoming week is scheduled for the week of October 14th-19th. Students are busy planning themes for spirit week where classes will battle for bragging rights in Color Wars, and turn up the school spirit on Friday afternoon in the Davis Gym. This year's pep rally will be a district wide pep rally for students in grades K-12. It will take place at the end of the school day on Friday, October 18th. The Varsity Club is busy planning activities that will be sure to both entertain and raise school spirit. Another Homecoming week highlight will happen on the Bernie Block field where the Oriskany-Westmoreland Varsity Football team will host the Herkimer Magicians at noon. The week will culminate with the Maroon and White semi-formal dance Saturday night. Seventh and eighth grade students will attend the dance in the Alumni Auditorium from 7-9 PM, and upperclassmen will end the night in the auditorium from 8-10 PM.

As always, I encourage open communication. If you ever have any questions, concerns, or ideas, my door is always open. Together, we can continue to create a positive and enriching environment for every student. Let's make this year one of excellence and achievement! Your ongoing support is appreciated and valued. Please feel free to contact me with any questions, concerns or positive school happenings.

Oriskany Proud

Sincerely,

Andrew K Kennedy Oriskany Jr./Sr. High School Principal



October Happenings

October:

- 1st- Yearbook Sale Begins
- 5th- SAT
- 8th- MVCA College Night
- 10th- Progress Reports Mailed
- 11th- Superintendent Conference Day= No School
- 14th- Columbus Day= No School
- 15th- BOE Meeting @ 6pm
- 17th- PSAT
- 26th- ACT
- 31st- HALLOWEEN!!



jostensyearbooks.com



Did You Know...

October

- 1st- National Homemade Cookies Day
- 2nd- National Custodian Day
- 4th- World Smile Day
- 6th- Mad Hatter Day
- 14th- National Dessert Day
- 15th- National I Love Lucy Day
- 17th- National Pasta Day
- 21st- National Apple Day
- 27th- Black Cat Day



October Happenings



ATTENTION!!!

The 9th grade class will be hosting their annual Brooks BBQ on October 30th. Tickets will go on sale October 7th.

Thank you for your support!!!



ATTENTION!!!

The Jr. Class will be selling Nothing Bundt Cakes. The sale will run from October 15th thru October 28th.

8 inch- \$30 Bundtlet- \$6



ATTENTION!!!

The 7th & 8th Grade classes will be selling Little Caesars Pizza Kits. The sale will run from October 1st thru November 1st. The kits range in price between \$10-\$20

Thank you for your support!!!



Little Caesars®

Counseling and Career Services News...



JUNIORS take the PSAT/NMSQT

11th graders will take the Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test (PSAT), which will be administered on October 17, 2024. The benefits of taking the PSAT include the following:

1. It provides practice for taking the S.A.T., which most juniors will take for the first time in the Spring 2024.
2. Students can predict their S.A.T. scores from the PSAT/NMSQT scores. This information will be helpful this year as students explore colleges and consider the admission requirements of particular schools.
3. Students may choose to participate in a service that will forward their names to various colleges that are seeking students like them. Then they will receive information from these colleges.
4. Students are automatically entered in scholarship competitions by taking the PSAT/NMSQT.
5. Scores on the PSAT will indicate if students have the reading and math skills they need for college.

As stated earlier, the PSAT will help prepare for the SAT which the Juniors should take in the Spring. If you do not perform as well as you would have liked to in the Spring, you will have the opportunity to take the SAT over again in the Fall. Information regarding upcoming test dates can be found online at www.collegeboard.com.



Selective Service Registration

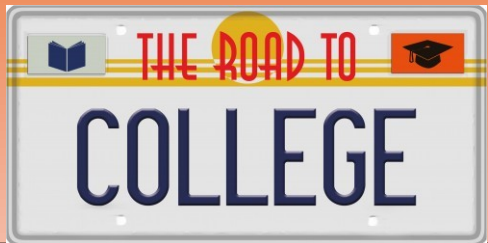
May I have your attention please!!! I have an important announcement for all 17 – and – 18 year-old males. If you are within 30 days of your 18th birthday, federal law requires you to register with Selective Service.

Registering with Selective Service allows you to receive federal student loans for college, participate in federal job training programs, and have the opportunity to work in the federal government. If you do not register with Selective Service, you will lose out on these things and more.

Registering with Selective Service is simple and easy. Registering with Selective Service within 30 days of your 18th birthday is the law! Just fill out and return the registration card you receive in the mail or go to the post office down the street and fill out a form there. Even better, save a stamp. Save time. Register on-line. Use the internet to register at: www.sss.gov.



Counseling and Career Services News...



College Night



The 47th annual Mohawk Counselor's Association College Night is scheduled for Tuesday, October 8th from 6:30 pm to 8:00 pm at Utica University.

There will be close to 80 colleges attending. Students do not need to pre-register for the event. Information can be found at www.mvcanyc.org.



UPCOMING COLLEGE VISITS



- October 2nd- Utica University @ 9:30am
SUNY Canton @ 12:00pm
- October 8th- St Bonaventure @ 11:00am
SUNY Brockport @ 11:45am
- October 9th- St Lawrence University @ 9:30am
Vermont State University @ 11:00am
- October 15th- SUNY Potsdam

Updates will go out as more colleges schedule visits.





Beginning **Monday, October 21st**, and ending **Sunday, November 3rd**, students can apply to up to five SUNY campuses with no application fee. This includes all campuses, no matter which application vehicle the student uses. The SUNY 2025 application is expected to be available beginning August 1st.

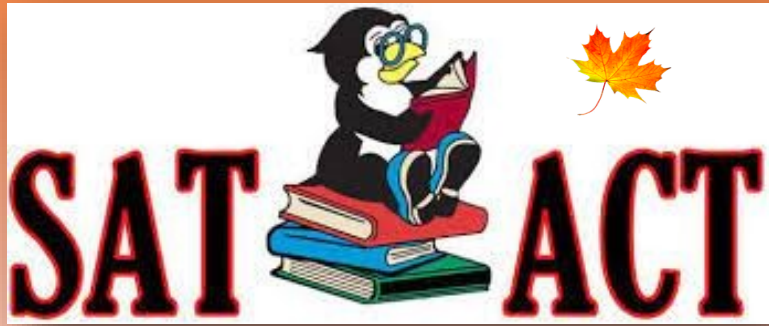


Please remember that students can submit their application during the free application week period, but supplemental materials such as transcripts and letters of recommendation may be submitted after November 3rd.

Our virtual presentations, including how to apply to SUNY and financial aid information sessions are in full swing this summer and we will add many more events this fall. All student programming can be found at suny.edu/studentevents.

Thank you for your support!





SAT Test Date	Registration Deadline	Late Registration Deadline
October 5, 2024	September 20, 2024	September 24, 2024
November 2, 2024	October 18, 2024	October 22, 2024
December 7, 2023	November 22, 2024	November 26, 2024
March 8, 2025	February 21, 2025	February 25, 2025
May 3, 2025	April 18, 2025	April 22, 2025
June 7, 2025	May 22, 2025	May 27, 2025




ACT Test Date	Registration Deadline	Late Registration Deadline
October 26, 2024	September 20, 2024	October 7, 2024
December 14, 2024	November 8, 2024	November 22, 2024
April 5, 2025	February 28, 2025	March 16, 2025
June 14, 2025	May 9, 2025	May 26, 2025



Student SPOTLIGHT



AP Scholar Awards

Every fall, the AP Program recognizes high school students who have demonstrated outstanding college-level achievement through their performance on multiple AP Exams.

AP Scholar Awards come in different levels and types. See the criteria below:

AP Scholar

Granted to students who receive scores of 3 or higher on three or more AP Exams.

AP Scholar with Honor

Granted to students who receive an average score of at least 3.25 on all AP Exams taken, **and** scores of 3 or higher on four or more of these exams.

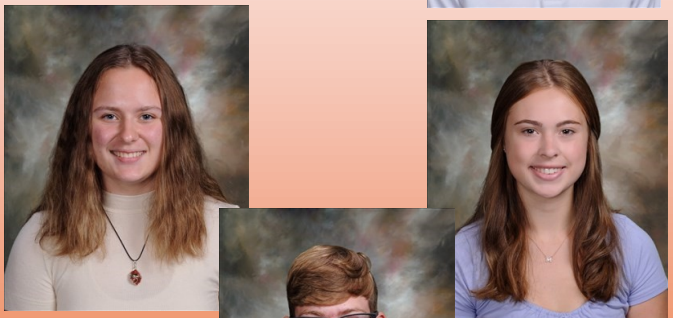
AP Scholar with Distinction

Granted to students who receive an average score of at least 3.5 on all AP Exams taken, **and** scores of 3 or higher on five or more of these exams.

The following Oriskany Jr./Sr. High School Students (12th graders) and students from the Class of 2024 have been named AP Scholars:

Class of 2024

Javante Brill-Rollins - AP Scholar
Kaelyn Buehler - AP Scholar
Gavin Howd - AP Scholar with Distinction
Anna Kasperovich - AP Scholar
Anthony Kernan - AP Scholar
Gannon Lisberg - AP Scholar
Madelyn Race - AP Scholar
Megan Wright - AP Scholar with Honor



CONGRATULATIONS!!!!



Student SPOTLIGHT



Seniors

Kate Dellers - AP Scholar
Brienne Eldred -AP Scholar
Gavin Franz - AP Scholar
Sean Graziano - AP Scholar
Chase Koenig - AP Scholar
Thomas Maher -AP Scholar with Honor
Erika Reid -AP Scholar with Honor
Jack Tagliaferri -AP Scholar
Jessica Zyskowski -AP Scholar with Honors



CONGRATULATIONS!!!!



7th Grade Home & Careers Class

On Friday September 20th, Jamie and Robin from Cornell Cooperative Extension presented in Mrs. Cortese's 7th grade Home and Careers class. They introduced how to make proper knife cuts when preparing a recipe. Student volunteers then practiced the skills on the apples to add to the Fall Vegetable Salad they created. The class was asked to try "two bites" of the salad before deciding if they liked it or not. Here is the recipe if you would like to try it at home:

<https://snapedny.org/recipes/fall-vegetable-salad/>



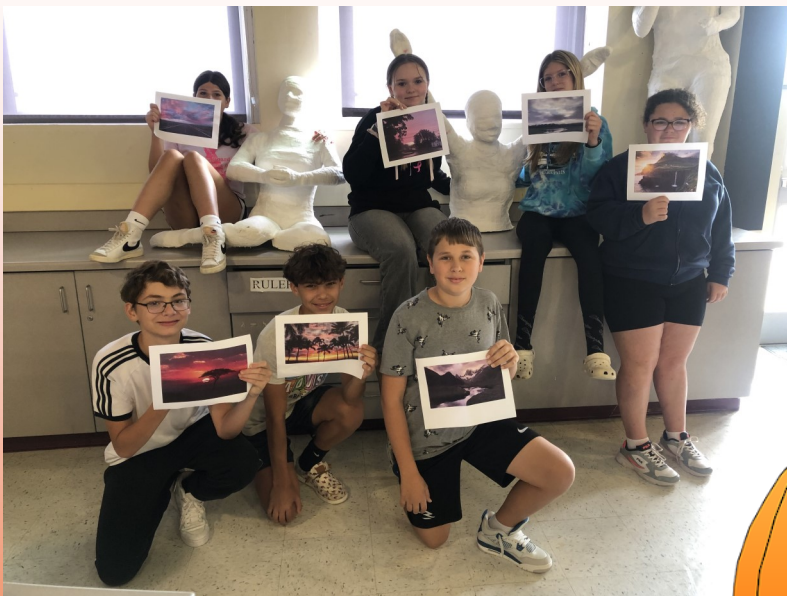
Students continued to practice their knife skills Monday in class using Play-Doh. Dice, Cube, Mince, Julienne and Chiffonade were among the cuts demonstrated.



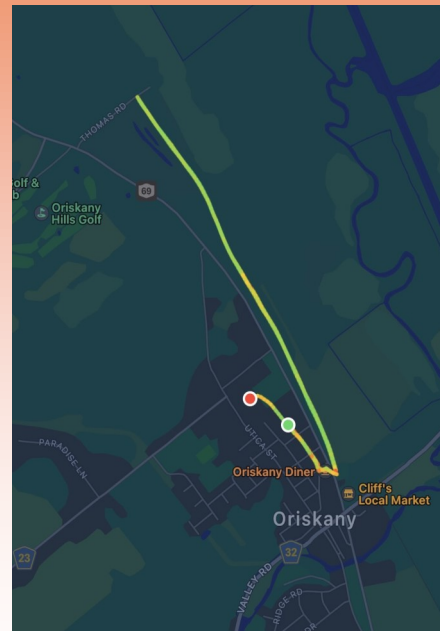
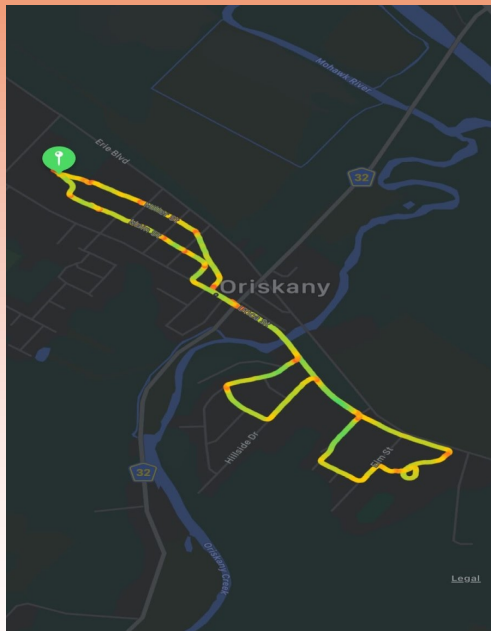
8th Grade Art Class



Students in Eighth Grade Art are learning about color theory and Impressionism. They each chose a landscape which has primary colors, secondary colors and tertiary colors evident. Just as the Impressionists did, each 8th grade student will study the effects of sunlight on color as they recreate their landscape in the Impressionist style and using oil pastels.



Physical Education– Bikes & Tennis



If you have spotted a row of bikes traveling around the village during school hours - don't worry it is just our PE Classes!

Mr. Murphy and Mrs. Pruckno started out the school year with a Bicycle Education unit. The students in grades 7-12 have been given an option to ride a bicycle during their physical education classes. Students are learning the proper biking rules for riding the roads, and behaviors around traffic laws. One of our routes is down to the Elementary school and then back to the Jr. Sr. High. Another route is taking the gravel trail across from the Diner. The bike rides range from 2.5 to 4 miles! The photos above are a map of one of our 5k (3.1 mile) rides, and the 4 mile trail ride!





The Physical Education classes at the High School have been taking advantage of the summer weather at the beginning of the school year! Mr. Murphy & Mrs. Pruckno had their 2nd period P.E. classes bike down to the Tennis courts at Trinka Park, play a few rounds of tennis, and bike back to school! The students were able to utilize the equipment we have at school on the courts they pass by on our bike route through the Village!





SAFE-Students Advocating For the Environment

Last school year, the members of the Positivity Project began a school-wide recycling initiative. The club members worked closely with Oneida-Herkimer Solid Waste Authority to provide the Jr-Sr High building with specific paper recycling bins to be put in each classroom. This initiative was the direct result of each member's commitment to join other districts in creating greener schools in our region.

There were many aspects of the Positivity Project that didn't appeal to Jr-Sr High students, and the club was dissolved. However, many of these students wanted to continue the recycling aspect. Starting this school year, they are working to create a new club called SAFE (Students Advocating For the Environment). The plan is to continue with the paper recycling in which we saw tremendous improvement, especially during Spring Break and end of school year locker clean outs. SAFE will also continue to do their part to bring awareness and provide other opportunities for Oriskany to become a green school like many other districts in our area. If you would like to see how other schools have been contributing as well, follow the link

<https://www.ohswa.org/green-team/>



ENL Services.....



A special thank you to Joe and Monica Hickel from Monarch Banquets in Yorkville for their generosity and commitment to giving back to their surrounding schools and communities. Joe ran a raffle and from the proceeds raised, we were able to provide 2 of our ENL students the clothing and equipment needed to participate in soccer. The overwhelming support and donations received surpassed our expectations and the remaining donations will be deposited in the Sports Booster Club.





WHEN TO KEEP A CHILD HOME WITH ILLNESS

It can be hard to know when to send children to school if they tell you that they do not feel well. Usually, the best place for them is in school, but there are some times when keeping them home to rest or calling for an appointment with your health care provider is recommended.

- **Please keep your child home and/or contact your child's doctor for:**
- Fever greater than 100.4° (taken by mouth)
- Vomiting and/or diarrhea within the last 24 hours
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection
- Honey-crusted sores around the nose or mouth or rash on other body parts
- Large amounts of mucous (liquid) from their nose, with face pain or headache
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with fever

If your child has a fever, it is not a good idea to give them medicine like Tylenol or Advil and send them to school because as soon as the medicine wears off, the fever may return and you will be called to come and pick up your child.

Please keep children home for 24 hours after the fever ends or they have completed 24 hours of medication if prescribed by your healthcare provider.

If you find your child is frequently asking to stay home from school, if they are falling behind or appear anxious about school, or if there does not appear to be any physical symptoms, contact your school nurse and your health care provider to discuss your concerns.

Remind children to throw away used tissues, cover their mouths when they cough or sneeze, keep their hands away from their face, and to wash hands often with soap and warm water will help keep everyone healthier.

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Flu season is officially here!!

Here are some ways to help prevent getting the flu:

- ◆ Get the flu shot, It is recommended for ages 6 months and older
- If you have an existing medical condition such as asthma or diabetes (or other type of medical condition) getting the flu shot might help lessen your symptoms if you or your child ever did become sick.
- ◆ Get plenty of sleep,
- ◆ Wash your hands with warm water and soap, regularly and well. Say the entire alphabet while you are washing, about 20 seconds. When finished with the alphabet, you are finished washing.
- ◆ Cough/sneeze into your elbow or into tissues. Do not use your hands. Throw your used tissues out and wash your hands.
- ◆ Avoid touching your eyes, nose and mouth.
- ◆ If possible, limit contact with those around you who are sick.
- ◆

If your child does become sick:

- ◆ Please stay home if you are sick!! Please don't share your germs.
- ◆ Make sure you contact the school nurse the morning of your child's illness, stating that you are keeping your child home due to illness before 8am.
- ◆ Please let the school nurse know if your child has been diagnosed with the flu (and what type) by their medical provider.
- ◆ If your child has a temperature above 100.4, please keep your child home. Your child has to be fever free for 24 hours WITHOUT the use of medications to return to school.
- ◆ If your child is out sick for 3 or more days, please obtain a doctor's note for him/her to return to school.
- ◆ Have your child get plenty of REST and drink plenty of FLUIDS. Clear liquids are preferred: chicken broth, ginger ale, water to name a few. They are not as harsh on your stomach and a bit more tolerable for digestion.
- ◆ If your child has an existing medical condition such as asthma, diabetes, or other medical condition, contact their medical provider. Their medical provider might direct you to a more beneficial type of treatment or a visit to their office for an evaluation.

If your child's physician places your child on medication and they are to receive it during school hours, the child's parent/guardian MUST bring in the medication, signed physician orders with the following information: child's name, medication name, medication time to be taken, medication route and medication dose. Please do not have your child deliver this information/medication to the nurse.

The parent/guardian MUST sign the above doctor's order giving consent allowing the school medical person to administer your child's medication.

Please do not send your child into school with cough drops or other cold/flu/allergy/pain medication. If they have a cough, please provide them candy to suck on throughout the day.

If cough drops or any other medication are discovered without a doctor's order, the medication will be removed from the child, locked in the nurse's office, school administration and the parent/guardian will be contacted.

Stay healthy!!!!

Thank you for you time and understanding,

Maryruth Stopera, BA, RN



October is...

Bat Appreciation Month

Halloween Safety Month

National Caramel Month

National Popcorn Poppin' Month

National Roller Skating Month

Pizza Month

Positive Attitude Month

National Fire Prevention Month

National Apple Month

Have a happy and safe Halloween!!