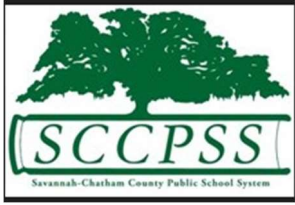





NOVEMBER 2024: K-12 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>Cinnamon Roll, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">1</p>
<p>Pancake Pup, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">4</p>	<p>E-LEARNING DAY</p> <p style="text-align: right;">5</p>	<p>Grits Bowl, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">6</p>	<p>Chicken & Waffle Sandwich, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">7</p>	<p>Mini French Toast, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">8</p>
<p>VETERANS DAY, NO SERVICE STAFF & STUDENTS</p> <p style="text-align: right;">11</p>	<p>Muffin & Yogurt, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">12</p>	<p>Scrambled Egg & Biscuit, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">13</p>	<p>Breakfast Parfait, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">14</p>	<p>Dutch Waffles, or Reduced Sugar Cereal & Graham Crackers</p> <p style="text-align: right;">15</p>




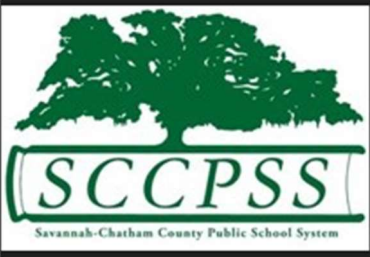

All breakfasts offered with choice of 100% Fruit Juice, Fresh Fruit. Milks offered include Skim, Low-Fat Plain or Low-Fat Flavored. Menus subject to change based on availability.

NOVEMBER 2024: K-12 BREAKFAST

All breakfasts offered with choice of 100% Fruit Juice, Fresh Fruit. Milks offered include Skim, Low-Fat Plain or Low-Fat Flavored. Menus subject to change based on availability.

<p style="text-align: right;">18</p> <p>Honey Bun, or Reduced Sugar Cereal & Graham Crackers</p>	<p style="text-align: right;">19</p> <p>Pop Tarts, or Reduced Sugar Cereal & Graham Crackers</p>	<p style="text-align: right;">20</p> <p>Sausage Biscuit, or Reduced Sugar Cereal & Graham Crackers</p>	<p style="text-align: right;">21</p> <p>Lemon Blueberry Scone, or Reduced Sugar Cereal & Graham Crackers</p>	<p style="text-align: right;">22</p> <p>Chocolate Crescent, or Reduced Sugar Cereal & Graham Crackers</p>
<p style="text-align: right;">25</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENT HOLIDAY</p>	<p style="text-align: right;">26</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENT HOLIDAY</p>	<p style="text-align: right;">27</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENT HOLIDAY</p>	<p style="text-align: right;">28</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENT HOLIDAY</p>	<p style="text-align: right;">29</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENT HOLIDAY</p>

NOVEMBER 2024: K-12 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
 	<p>Sweet Georgia Fuyu Persimmons will be featured on November 6,7 & 8</p> 		<p>Harvest of The Month Sweet Potatoes</p> 	<p>1</p> <p>Hot Dog on Bun, or Yogurt, Cheese & Fruit Plate</p> <p>Sweet Potato Fries Baked Beans</p> <p>Fruit Cocktail Sour Raisins Fresh Bananas</p> <p>Triple Chocolate Cookie</p>
<p>4</p> <p>Cheeseburger on Bun, or Warm Ham & Cheese Croissant</p> <p>Tater Tots Turnip Greens</p> <p>Pineapple Blueberry Crisp Fresh Grapes</p>	<p>5</p> <p>E-LEARNING DAY</p>	<p>6</p> <p>Personal Pizza, or Blueberry & Strawberry Yogurt Parfait with Granola</p> <p>Baked Sweet Potato Herbed Broccoli</p> <p>Sliced Pears Strawberry Applesauce Fresh Oranges</p>	<p>7</p> <p>BBQ Pork on Bun, or Turkey & Cheese Sub</p> <p>Green Peas Parsley Carrots</p> <p>Sliced Peaches Cool Tropics Fruit Slush Fresh Apples</p>	<p>8</p> <p>Fish Strips, or Ranch Chicken Chef Salad</p> <p>Cheesy Grits Black Eyed Peas Braised Cabbage</p> <p>Sour Raisins Pineapple Fresh Bananas</p> <p>Triple Chocolate Cookie</p>
<p>11</p> <p>VETERANS DAY, NO SERVICE STAFF & STUDENTS</p>	<p>12</p> <p>Porky Melt, or Buffalo Chicken Wrap</p> <p>Pizza Green Beans Sweet Potato Fries</p> <p>Pears with Cherries Frozen Apricot Cup Fresh Plums</p>	<p>13</p> <p>Pizza Slice, or Ham & Cheese Sun</p> <p>Roasted Baby Sweet Peppers Tomato Basil Zucchini</p> <p>Pineapple Sliced Peaches Fresh Apples</p>	<p>14</p> <p>General Tso's Chicken, or Twin Egg Rolls</p> <p>Fried Rice Honey Roasted Broccoli Soy Glazed Carrots</p> <p>Fruit Cocktail Sour Raisins Fresh Kiwi with Tangerines</p>	<p>15</p> <p>Seafood Basket with Hush Puppies, or Warm Turkey & Cheese Croissant</p> <p>Corn on the Cob Ranch Beans Sliced Pears Cinnamon Applesauce Fresh Bananas</p> <p>Rice Krispy Treat</p>

All Lunches offered with a choice of Skim, Low-Fat Plain or Low-Fat Flavored Milk. Menus subject to change based on availability.

NOVEMBER 2024: K-12 LUNCH

All Lunches offered with a choice of Skim, Low-Fat Plain or Low-Fat Flavored Milk. Menus subject to change based on availability.

<p style="text-align: right;">18</p> <p>Sloppy Joe on Bun, or Chef Salad with Ham & Cheese</p> <p>Carrots with Dip Brussel Sprouts</p> <p>Fruit Cocktail Sour Raisins Fresh Pears</p>	<p style="text-align: right;">19</p> <p>Oven Fried Chicken, or Chicken Salad Croissant</p> <p>Biscuit Baked Beans Turnip Greens</p> <p>Applesauce Cool Tropics Fruit Slush Fresh Satsuma Oranges</p>	<p style="text-align: right;">20</p> <p>Personal Pizza, or Ham & Cheese Sub</p> <p>Butternut Squash Romaine Salad</p> <p>Sliced Peaches Pineapple Fresh Apples</p>	<p style="text-align: right;">21</p> <p>Roasted Turkey, or Baked Ham</p> <p>Dinner Roll Garlic Green Beans Sweet Potato Soufflé Cornbread Dressing</p> <p>Pears with Cherries Fresh Oranges</p> <p>Pecan Tart</p>	<p style="text-align: right;">22</p> <p>Oven Roasted Wings, or Cheesy Pull-Aparts</p> <p>Whole Kernel Corn Mashed Potatoes</p> <p>Fruit Cocktail Pineapple</p>
<p style="text-align: right;">25</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENTS</p>	<p style="text-align: right;">26</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENTS</p>	<p style="text-align: right;">27</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENTS</p>	<p style="text-align: right;">28</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENTS</p>	<p style="text-align: right;">29</p> <p>THANKSGIVING BREAK, NO SERVICE STAFF & STUDENTS</p>

