

November 2024 Allergen Free Breakfast and Lunch Menu

Allergen Free Standard Breakfast: 2 Rice Chex Cereals, served with choice of fruit or juice and type of milk if appropriate.

November 1

Lunch: Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Apple Slices, Milk/Soy milk

November 6

Lunch: Black Beans & Rice with Baked Tostito Scoops Bowl, Baby Carrots, Whole Kernel Corn, Fresh, Pineapple Chunks, Milk/Soy milk

November 7

Lunch: Beef Hot Dog on GF Bun, Mixed Vegetables, Baby Carrots, Applesauce Pouch, Milk/Soy milk

November 8

Lunch: Chicken Tender, Green Beans, Apple Slices, Milk/Soy milk

November 11

Lunch: Beef Nachos with Baked! Tostito Scoops, Pinto Beans, Baby Carrots, Sliced Peaches, Milk/Soy milk

November 12

Lunch: Orange Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Applesauce Pouch, Milk/Soy milk

November 13

Lunch: Chickpea Pasta, Green Beans, Baby Carrots, Applesauce Pouch, Milk/Soy milk

November 14

Lunch: Hamburger on Gluten Free Bun, Green Beans, Baby Carrots, Grapes, Milk/Soy milk

November 15

Lunch: Chicken Bowl, Mixed Vegetables, Tossed Salad with Vinaigrette, Apple Slices, Milk/Soy milk

November 18

Lunch: Frito Pie, Whole Kernel Corn, Baby Carrots, Applesauce Pouch, Milk/Soy milk

November 19

Lunch: BBQ Chicken Bowl, Green Beans, Tossed Salad with Vinaigrette, Orange Smiles, Milk/Soy milk

November 20

Lunch: Black Beans and Rice with Baked Tostito Scoops Bowl, Baby Carrots, Whole Kernel Corn, Fresh Pineapple Chunks, Milk/Soy milk

November 21

Lunch: Beef Hot Dog on Gluten Free Bun, Mixed Vegetables, Baby Carrots, Applesauce Pouch, Milk/Soy milk

November 22

Lunch: Chicken Tender, Green Beans, Apple Slices, Milk/Soy milk