



NOVEMBER 2024 DYSPHAGIA MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>
<p>4</p> <p style="text-align: center;">NO SCHOOL</p>	<p>5</p> <p style="text-align: center;">NO SCHOOL</p>	<p>6 Holiday Meal Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler</p>	<p>7 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail</p>	<p>8 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p>
<p>11 Fruit and Yogurt Parfait Applesauce Juice Milk</p> <p>Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p>	<p>12 Sausage Biscuit Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>13 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>14 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>15 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>

18 Oatmeal w/ Fruit Compote Applesauce Juice Milk Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches	19 Chicken & Waffles Pureed Yogurt Applesauce Juice Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce	20 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler	21 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail	22 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov This institution is an equal opportunity provider.

***Menus are subject to change without notice due to price and availability of food*provider.**